It All Falls Down



编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - November 2011

音乐: Up (feat. Jessie J) - James Morrison



Starts on Vocal (18 Counts)

Side, Behind & Rock & Side, Cross, 1/4, 1/2, Step 1/2 Step.

Step Left to Left side, cross step Right behind Left, step Left to Left side.
 Cross rock Right over Left, recover on Left, step Right to Right side.

&5-6 Cross step Left over Right, make 1/4 turn to Left stepping back on Right (start to sweep Left),

1/2 turn to Left stepping forward on Left.

7&8 Step forward on Right, pivot 1/2 turn to Left, step forward on Right.

1/2, 1/4, Back Rock, Side, Behind, Side, Cross, 1/4, ½, Forward, Together, Back.

&1 Make 1/2 turn to Right stepping back on Left, 1/4 turn Right stepping Right to Right side.

2&3 Cross rock Left behind Right, recover on Right, step Left to Left side.

&4& Cross step Right behind Left, step Left to Left side, cross step Right over Left.

5-6 Make 1/4 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right.

7&8 Step forward on Left, step Right next to Left, step back on Left.

Together, Cross, Rock & Cross, 1/4, 1/2, 1/2, Back, Back, Coaster Cross.

&1 Step Right next to Left, cross step Left over Right.

2&3 Rock Right to Right side, recover on Left, cross step Right over Left.

4&5 Make 1/4 turn to Right stepping back on Left, 1/2 turn Right stepping forward on Right, 1/2

turn Right stepping back on Left. (sweep Right)

6-7 Step back on Right (sweep Left), step back on Left (sweep Right).
8&1 Step back on Right **, step Left next Right, cross step Right over Left.

Cross & Behind, Behind. 1/4, Rock Step, 1/2, 1/2, 1/4, Touch.

2&3 Cross step Left over Right, step Right to Right side, cross step Left behind Right sweeping

Right from front to back.

4& Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left.

5-6 Rock forward on Right, recover on Left.

7&8& Make 1/2 turn to Right stepping forward on Right, 1/2 turn Right stepping back on Left, 1/4

turn Right stepping Right to Right side, touch Left next to Right.

Tag 1: End of Wall 1

1-4 Sway Left-Right-Left-Right.

Tag 2: End of Wall 2

Step Left to Left side.

2&3 Cross rock Right behind Left, recover on Left, step Right to Right side.

4 Touch Left next to Right.

Tag 3: End of Wall 3 (Concentrate on count.. Don't let strong lyric put you off)

1 Step Left to Left side.

2&3 Cross rock Right behind Left, recover on Left, step Right to Right side.

4& Cross rock Left behind Right, recover on Right.

5-6 Sway Left-Right.

Tag 4: End of Wall 4

1-4 Sway Left-Right-Left-Right

**Restart: Wall 5

Dance Up To & Including Count 8 (24) Section 3. Then Restart From Beginning.

Ending: Wall 8

Dance Up To Count 4& Section1.. Then Unwind 1/2 Turn To Right.