

Pray

拍数: 48 墙数: 4 级数: Advanced
编舞者: Yonne Emalda & Cindy Eng - November 2011
音乐: Pray - Justin Bieber



Intro: 16 counts

Walk Forward X2, Rock, Recover, ½ Turn, ¼, ½, Behind Side Cross

1-2 Walk forward on R foot, walk forward on L foot
3&4 Rock R foot forward, recover weight on L foot, turn ½ R stepping R foot forward
5-6 Turn ¼ R pointing L toes to L side, turn ½ R pointing L toes to L side
7&8 Cross L foot behind R foot, step R foot to R side, cross L foot over R foot

Long Step To R Side, Funky Turning, Sailor Step, Syncopated Jazz Box Together

1-3 Long step R foot to R side, turn ½ L stepping L foot to L side, turn ½ L stepping R foot to R side
4&5 Turn ¼ L crossing L behind R foot, step R foot to R side, step L foot in place ***
6-7 Cross R foot over L foot, step L foot back
8& Step R foot to R side, step L foot beside R foot ***

Hitch Ball Change, Rocking Chair, Kick, Boogie Run Forward, Rock, Recover

1&2 Hitch R knee up, step R foot in place, step L foot in place
3&4& Rock R foot forward, recover weight on L foot, rock R foot back, recover weight on L foot
5-6& Kick R foot forward, run forward on R foot, run forward on L foot (both knees bent)
7-8 Rock R foot forward, recover weight on L foot

Slide Back, Ball Change, Forward, Hips Bump, ½ Turn Hips Bump

1-2& Long step R foot back, drag L foot towards R foot, step L foot in place
3-4 Step R foot in place, step L foot forward
5&6 Bump hips forward, back, forward (point R toes forward)
7&8 Turn ½ L bump hips forward, back, forward (point L toes forward) ***

Cruising Steps

1-3 Step R foot to R side, cross L foot behind R foot, turn ¼ R stepping R foot forward
&4 Step L foot forward, turn ¾ R
5-7 Step L foot to L side, cross R foot behind L foot, turn ¼ L stepping L foot forward
&8 Step R foot forward, turn ½ L

Lock Step Forward, Full Turn, Pivot ½ Turn, Full Turn Together

1&2 Step R foot forward, step L foot beside R foot, step R foot forward
3-4 Turn ½ R stepping L foot back, turn ½ R stepping R foot forward
5-6 Step L foot forward, turn ½ R
7&8 Turn ½ R stepping L foot back, turn ½ R stepping R foot forward, step L foot beside R foot

Restarts:-

On Wall 2, dance up to 32 counts.
On Wall 5, dance up to 13 counts.
On Wall 6, dance up to 16 counts