Mei Hua Dance

拍数: 48

级数: Beginner

编舞者: Liew Peng Wah (MY) - August 2011

音乐: Plum Blossom (梅花) - Teresa Teng (鄧麗君)

墙数:1

Introduction: Start dance on vocals after 24 counts OR Dance Sections 1, 2, 7, 8 (24 counts) before starting Main Dance.

Sec 1: Forward Basic, Back Basic

- 1,2,3 Step left forward, step right beside left, step left in place
- 4,5,6 Step back on right, step left beside right, step right in place

Sec 2: REPEAT Sec 1 Forward Basic, Back Basic

Sec 3: Left and Right Twinkle

- 1,2,3 Cross step left over right, step right to right, step left in place
- 4,5,6 Cross right over left, step left to left, step right in place

Sec 4: Left and Right Cross Rock Recover, Side

- 1,2,3 Cross left over right, recover to right, step left to left
- 4,5,6 Cross right over left, recover to left, step right to right

Sec 5: Forward 1/2 Turn Left, Back Basic

- 1,2,3 Step left forward and make ¼ turn left, step right slightly back and Make ¼ turn left, step left next to right
- 4,5,6 Step back on right, step left beside right, step right in place

Sec 6: REPEAT Sec 5 Forward ½ Turn Left, Back Basic

Sec 7: Left and Right Side Back Rock

- 1,2,3 Step left to left side, rock step right slightly behind left. Recover weight to left
- 4,5,6 Step right to right side, rock step left slightly behind right. Recover weight to right

Sec 8: Left and Right Side Touch

- 1,2,3 Step left to left side, Hold for 2, touch right beside left
- 4,5,6 Step right to right side, Hold for 5, touch left beside right

Begin Dance again.

Ending: Dance all 6 counts of Section 4 and then Cross both Hands in front of body (palms face body) and continue up above Head and open out to sides of body (palms face up) and left leg Cross behind right. End of Dance



