

Meet Me At The Altar

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Advanced
编舞者: Rachael McEnaney (USA) & Ryan Lindsey (USA) - December 2011
音乐: Let's Get Married (feat. JD & Run DMC) - Jagged Edge



There are several versions of this track unfortunately, they do however all phrase the same (that we have heard so far) and same bpm.

Count In: Dance begins on first vocals "see first of all....."

[1 – 8] R coaster step, ¼ turn skate L, ¼ turn skate R, ¾ turn R with L triple cross, back R, ¼ turn L step fwd L

- 1 & 2 Step back on right (1), step left next to right (&), step forward on right (2) 12.00
- 3 - 4 Make ¼ turn left (swivel on ball of right) skating with left (3), make ¼ turn right (swivel on ball of left) skating with right (4) 12.00
- 5 & 6 Make ½ turn right stepping back on left (5), make ¼ turn right stepping right to right side (&), cross left over right (6) 9.00
- 7 - 8 Step back on right (7), make ¼ turn left stepping forward onto left (8) 6.00

[9 – 16] ¼ turn L touching R out-in-step side R, touch L behind R, ¼ turn L, R kick & touch, ¼ L hitch & touch

- 1 & 2 Make ¼ turn left touching right to right side (1), touch right next to left (&), take big step to right side (2) 3.00
- 3 - 4 Touch left behind right as you look right & snap fingers to right (3), make ¼ turn left stepping forward on left 12.00
- 5 & 6 Kick right foot forward (5), step in place on right (&), touch left to left side (6) 12.00
- & 7 & 8 Make ¼ turn left hitching left knee (&) hold (7), step in place on left (&), touch right to right side (8) 9.00

[17 – 24] Cross R behind, unwind full turn R, L side rock cross, R chasse, drag step L, drag step R

- 1 - 2 Cross right behind left (1), unwind full turn right (2) 9.00
- 3 & 4 Rock left to left side (3), recover weight onto right (&), cross left over right (4) 9.00
- 5 & 6 Step right to right side (5), step left next to right (&), step right to right side (6) do chasse with funky styling, soft knees 9.00
- & 7 & 8 Drag left in towards right (&) step left to left side (7), drag right in towards left (&), step right to right side (8) 9.00

[25 – 32] L sailor with ¼ turn L, R mambo, ball (change), walk fwd R-L, step fwd R, pivot ½ turn L

- 1 & 2 Cross left behind right (1), make ¼ turn left stepping right next to left (&), step forward on left (2) 6.00
- 3 & 4 Rock forward on right (3), recover weight onto left (&), step back on right (4) 6.00
- & 5 6 Step left next to right (&), step forward on right (5), step forward on left (6) 6.00
- 7 - 8 Step forward on right (7), pivot ½ turn left (8) 12.00

[33 – 40] Big step R with twist, touch L, big step L with twist, touch L, skate R-L ¼ turn, R diagonal rock & cross

- 1 - 2 Swivelling both heels to left take a big step to right side (1), touch left next to right squaring up to 12.00 (2) 12.00
- 3 - 4 Swivelling both heels to right take a big step to left side (3), touch right next to left squaring up to 12.00 (4) 12.00
- 5 - 6 Skate right foot to right side (swivel on left) (5), make ¼ turn left as you skate left foot to left side (swivel on right) (6) 9.00
- 7 & 8 Rock right foot towards right diagonal (7), recover weight onto left (&), cross right over left (8) 9.00

Styling: During counts 1-4 bring arms up to face height – almost like a boxer – as you step right look to right of arms, as you step left look left

[41 – 48] Step L with look, hold, close L, step R, close R, step L, heel lift, twist heels R, R ball L cross (stomp)

- 1, 2 & 3 Step left to left side as you look left (1), recover weight right (2), step left next to right (&), step right to right side (3),
- 4 recover weight left (4) – on counts 2 and 4 think of these counts as more of a hold – this section is strong steps rather than side rocks 9.00
- & 5 & 6 Step right next to left (&), step left to left side (5), lift both heels off floor pushing knees forward (&), drop heels (6), 9.00
- & 7 & 8 Twist both heels to right (&), twist both heels back to centre (7), step slightly back on ball of right (&), cross left over right (almost a stomp – bent knee) turn body to right diagonal on the ball cross (8) 10.30

[49 – 56] L drag, L ball change, cross L, side R, L behind R side L cross, shoulder shrug, R ball, L cross

- 1 & 2 Drag left leg towards right keeping foot sliding across floor (think like a bull action) (1), step ball of left slightly back (&), step in place on right (2) 10.30
- 3 - 4 Step diagonally forward on left (3), square up to 9.00 stepping right to right side (4) 9.00
- 5 & 6 Cross left behind right (5), step right to right side (&), cross left over right (6), 9.00
- & 7 & 8 Shrug shoulders either together or separate (&7), step ball of right to right side (&), cross left over right (8) 9.00

[57 – 64] Sweep R, cross R, L side rock cross, 4 step turning square shape – ¾ turn R

- 1 - 2 Sweep right foot from back to front (1), cross right over left (2) styling: the sweep is strong, almost like a kick/hitch 9.00
- 3 & 4 Rock left to left side (3), recover weight onto right (&), cross left over right (4) 9.00
- 5 & 6 & Step right to right side (5), slide left foot towards right (&), make ¼ turn right stepping left to left side (6) slide right towards left (&) 12.00
- 7 & 8 Make ¼ turn right stepping right to right side (7), slide left towards right (&), make ¼ turn right stepping left to left side (8) 6.00

START AGAIN, HAVE FUN!

Contact: www.dancejam.co.uk - Rachaeldance@me.com - Tel: 07968 181933

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