

# Heartache

**COPPER KNOB**  
STEPPERS

拍数: 64      墙数: 4      级数: Phrased Beginner  
编舞者: Sally Hung (TW) - January 2012  
音乐: Shin Don Shin Ton (心動心痛) - Gen-Horng Liu (劉耕宏) & Huei-Shin Hsu (許慧欣)



Sequence of Dance: AA 4-count/BB Tag 4-count/A 4-count BBB(24 counts)  
Dance starts from 16 counts after heavy beats

## Tag (16 counts)

1-4      Step R to R, step-close L to R, step R back, touch L beside R  
5-8      Step L to L, step-close R to L, step L forward, hold  
  
1-4      Step R to R, step-close L to R, step R forward, touch L beside R  
5-8      Step L to L, step-close R to L, step L back, hold

## \*4-count

1-2      Weight on R  
3-4      Weight on L

## AI. CROSS, RECOVER, SIDE SHUFFLE, CROSS, RECOVER, SIDE SHUFFLE

1-2      Cross R over L, recover on L  
3&4      Side shuffle on RLR  
5-6      Cross L over R, recover on R  
7&8      Side shuffle on LRL

## AII. SIDE SHUFFLE, CROSS, RECOVER, SIDE SHUFFLE, CROSS, RECOVER

1&2      Side shuffle on RLR  
3-4      Cross L behind R, recover onto R  
5&6      Side shuffle on LRL  
7-8      Cross R behind L, recover onto L

## AIII. ROCK, RECOVER, BACK SHUFFLE, BACK ROCK, RECOVER, FORWARD SHUFFLE

1-2      Rock R forward, recover on L  
3&4      Shuffle back on RLR  
5-6      Rock L back, recover on R  
7&8      Shuffle forward on LRL

## AIV. SIDE ROCK, CROSS SHUFFLE, ¼ R, SHUFFLE

1-2      Rock R to side, recover on L  
3&4      Crossing shuffle on RLR  
5-6      Step L to side, turn ¼ R and step R to side  
7&8      Shuffle forward on LRL

## BI. CROSS STEP, BACK, L RONDE, STEP, SIDE, FORWARD, TOUCH

1-2      Cross R over L, step L to side  
3-4      Step R back, sweep L  
5-6      Step L behind R, step R to side  
7-8      Step L forward, touch R to side

## BII. STEP TOUCH FORWARD X2, STEP TOUCH BACK X2

1-2      Step R over L, touch L to side  
3-4      Step L over R, touch R to side

5-6                Step R behind L, touch L to side  
7-8                Step L behind R, touch R to side

**BIII. SIDE, BEHIND, CROSS, HOLD, SIDE, ¼ R, BACK, FORWARD, HOLD**

1-2                Step R to side, cross L behind R  
3-4                Cross R over left, hold  
5-6                Step L to side, pivot ¼ turn R and step R back  
7-8                Step L forward, hold

**BIV. STEP, RECOVER, ½ TURN R, TRIPLE STEP, STEP, RECOVER, ½ TURN L, TRIPLE STEP**

1-2                Step R forward, recover on L  
3&4                ½ turn R triple step on RLR  
5-6                Step L forward, recover on R  
7&8                ½ turn L triple step on LRL

**Happy dancing!**

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