

Sláinte!

COPPER **NOB**
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Derrick Walker (USA) - January 2012
音乐: Old Hag - The Corrs



64 count intro.....

CROSS ROCK, RECOVER, CHASSE ¼ TURN, STEP, ½ TURN RIGHT, FULL TURN LEFT TRIPLE

1-2 Cross rock Right Foot over Left, Recover on Left Foot
3&4 Step Right Foot to Right Side, Step Left Foot next to Right Foot, Step Right Foot a ¼ turn Right (3:00)
5-6 Step Left Foot Forward, Pivot ½ turn Right (9:00)
7&8 Triple forward Left-Right-Left a Full Turn Right

ROCK, RECOVER, COASTER STEP, STEP, ½ TURN RIGHT, SHUFFLE FORWARD

1-2 Rock Right Foot Forward, Recover on Left Foot
3&4 Step Right Foot Back, Step Left Foot next to Right Foot, Step Right Foot Forward
5-6 Step Left Foot Forward, Pivot ½ turn Right with weight on Right Foot (3:00)
7&8 Step Left Foot Forward, Step Right Foot next to Right, Step Left Foot Forward

ROCK, RECOVER, & HEEL, CLAPS X2, JAZZ BOX

1-2 Rock Right Foot Forward, Recover on Left Foot
&3 Step Right Foot Back, Extend Left Heel Forward
&4 Clap twice
5-6 Cross Left Foot over Right Foot, Step Right Foot Back
7-8 Step Left Foot to Left Side, Cross Right Foot over Left

SIDE SWITCHES, RIGHT SAILOR, LEFT SAILOR, BACK ROCK, RECOVER

1&2 Point Left to Left Side, Bring together, Point Right to Right Side
3&4 Cross Right Foot behind Left Foot, Step Left Foot to Left Side, Step Right Foot to Right Side
5&6 Cross Left Foot behind Right Foot, Step Right Foot to Right Side, Step Left Foot to Left Side
7-8 Rock Back on Right Foot, Recover on Left Foot

HEEL, HOLD, & HEEL, & HEEL/HOOK, SHUFFLE STEP, STEP, ½ TURN RIGHT

1-2 Extend Right Heel Forward, HOLD
&3&4 Bring Right next to Left Foot, Extend Left Heel Forward, Bring Left Foot next to Right, Extend Right Heel Forward
& Hook Right over Left Knee
5&6 Step Right Foot Forward, Step Left Foot next to Right, Step Right Foot Forward
7-8 Step Left Foot Forward, Pivot ½ turn Right (9:00)

HEEL, HOLD, & HEEL, & HEEL/HOOK, SHUFFLE STEP, STEP, ½ TURN LEFT

1-2 Extend Left Heel Forward, HOLD
&3&4 Bring Left next to Right Foot, Extend Right Heel Forward, Bring Right Foot next to Left, Extend Left Heel Forward
& Hook Left over Right Knee
5&6 Step Left Foot Forward, Step Right Foot next to Left, Step Left Foot Forward
7-8 Step Right Foot Forward, Pivot ½ Turn Left (3:00)

CHASSE RIGHT, ¼ TURN RIGHT STEPPING ON LEFT, ½ TURN RIGHT, ¼ CHASSE LEFT, RIGHT COASTER STEP

1&2 Step Right Foot to Right Side, Step Left Foot next to Right, Step Right Foot to Right Side
3-4 Step Left Foot a ¼ turn Right, Pivot ½ turn Right putting weight on Right Foot (12:00)

- 5&6 ¼ turn Right stepping Left Foot to Left Side, Step Right Foot next to Left, Step Left Foot to Left Side (3:00)
- 7&8 Step Right Foot back, Step Left Foot next to Right, Step Right Foot Forward
- &, WALK, WALK, STEP, ½ TURN LEFT, ¼ TURN SIDE STEP, BEHIND, SIDE ROCK, RECOVER**
- & Step Left Foot next to Right
- 1-2 Walk forward Right, Left
- 3-4 Step Right Foot Forward, Pivot ½ turn Left putting weight on Left Foot (9:00)
- 5-6 ¼ turn Left stepping Right Foot to Right Side, Cross Left Foot behind Right Foot (6:00)
- 7-8 Rock Right Foot to Right Side, Recover on Left Foot

REPEAT

Sláinte is pronounced (slaan-cheh) and it means 'Health' or 'Cheers' in Irish Gaelic!
Happy Early St. Patrick's Day 2012

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