拍数： 32
壇数： 4
级数：Newcomer－novelty
编舞者：Roy Hoeben（NL）－January 2012
音乐：Waka Waka（This Time for Africa）－Shakira

Start on first beat
Out－out，jazz box with $1 / 4$ turn chasse
$1 \quad \mathrm{R}$ step right
Styling：Angle body right，swinging $L$ arm to reach up across body and $R$ arm down past $R$ hip $2 \quad$ L step left
Styling：Angle body left，swinging $R$ arm to reach up across body and $L$ arm down past $L$ hip
$3 \& 4 \quad R$ step right，$L$ weight to $L, R$ weight to $R$
Styling：Angle body right，swinging $L$ arm to reach up across body and $R$ arm down past $R$ hip
5，6 $\quad L$ step across $R, R$ step right
7\＆8 L step $1 / 4$ turn left，$R$ step next to $L$ ，$L$ step left
Styling：Angle body left；make fists and roll arms around each other up to left side
Out－out，jazz box with $1 / 4$ turn chasse
$1 \quad \mathrm{R}$ step right
Styling：Angle body right，swinging $L$ arm to reach up across body and $R$ arm down past $R$ hip $2 \quad L$ step left
Styling：Angle body left，swinging $R$ arm to reach up across body and $L$ arm down past $L$ hip 3\＆4 $\quad R$ step right，$L$ weight to $L, R$ weight to $R$
Styling：Angle body right，swinging $L$ arm to reach up across body and $R$ arm down past $R$ hip
5，6 $\quad L$ step across $R, R$ step right

7\＆8 L step $1 / 4$ turn left，$R$ step next to $L$ ，$L$ step left
Styling：Angle body left；make fists and roll arms around each other up to left side
Mambo front，side，back，body tick
1\＆2 $\quad$ rock forward，$L$ weight to $L, R$ step next to $L$
$3 \& 4 \quad L$ rock back，$R$ weight to $R$ ，$L$ step next to $R$
5\＆6 $\quad R$ rock right，$L$ weight to $L, R$ step next to $L$
7，8 Body push front x2（contract through abdominals and pulse upper body forward twice）
Styling：Spread arms out to sides with hands open，palms facing forward or upward
Walk x4，step turn hip circle．
1，2 $\quad$ R walk forward，$L$ walk forward
3，4 $\quad R$ walk forward，$L$ walk forward
5，6 $\quad$ R step forward，roll hips counterclockwise turning $1 / 4$ left（weight ends on L ）
7，8 R step forward，roll hips counterclockwise turning 1／4 left（weight ends on L）
Styling：Raise both arms overhead while rolling hips
\＆Turn $1 / 4$ left to begin the dance again
Tag：After 3rd repetition，dance only the last 16 counts（mambos，walks，hip rolls）and then start from the top． You will be facing 3：00 when this happens．

Have fun！

