# Better & Better



编舞者: Frank Trace (USA) - February 2012 音乐: Better Than Today - Kylie Minogue



## **HIP WALKS FORWARD**

1&2	Step R forward and bumps hips forward, back, forward (weight ends on R)
3&4	Step L forward and bumps hips forward, back, forward (weight ends on L)

5-6 Step R forward, pivot 1/2 turn to left (weight ends on L) (6:00)

7&8 Shuffle forward stepping R, L, R

## POINT, CROSS, POINT CROSS, 1/4 TURN RIGHT, HITCH

1-2	Point L to left side, cross step L over R
3-4	Point R to right side, cross R over L

5-7 Step L back, step R to right side making 1/4 turn right, step L next to R

8 Hitch R leg up at a left diagonal in front of left leg (9:00)

## TWO STEP VINE RIGHT, TRIPLE, TWO STEP VINE LEFT, TRIPLE

1-2	Step R to right side, step L behind R
3&4	Triple steps in place stepping R, L, R
5-6	Step L to right side, step R behind L
7&8	Triple steps in place stepping L, R, L (9:00)

## SHUFFLE FORWARD, HEEL, HITCH, SHUFFLE FORWARD, HEEL, HITCH

1&2	Shuffle forward stepping R, L, R
3-4	Touch L heel forward, hitch L leg up
5&6	Shuffle forward stepping L, R, L

7-8 Touch R heel forward, hitch R leg up (9:00)

### **BEGIN AGAIN**

RESTART: After the third wall (facing 3:00), do the first 16 counts and restart the dance facing the 12:00 wall.