Scuff It Up!



拍数: 32

墙数: 4

级数: Beginner

编舞者: Lisa M. Johns-Grose (USA) - February 2012

音乐: Bill's Laundromat, Bar and Grill - Confederate Railroad



Alt. Music:-

All over me by: Josh Turner (84 bpm) Fancy footwork by: Chromeo (122 bpm)

This dance is requested by and dedicated to my friend "Dancing Sandy" Dworkin and The Nettles Island Dancers

R SIDE- SCUFF-L SIDE-SCUFF-VINE R SCUFF L

- 1-2 Step right to right, scuff left next to right
- 3-4 Step left to left, scuff right next to left
- 5-8 Step right to right, step left behind right, step right to right, scuff left next to right

L SIDE- SCUFF-R SIDE- SCUFF- VINE L ¼ TURN –SCUFF R

- 1-2 Step left to left, scuff right next to left
- 3-4 Step right to right, scuff left next to right
- 5-8 Step left to left, step right behind left, step left ¼ turn left, scuff right next to left

STEP R-TOUCH L-BACK L- HOOK R-STEP-LOCK-STEP-SCUFF

- 1-4 Step right forward, touch left next to right heel, step back on left, hook right over left
- 5-8 Step right forward, lock left behind right, step right forward, scuff left next to right

STEP L-TOUCH R- BACK R- HOOK L-STEP-LOCK-STEP-SCUFF

- 1-4 Step left forward, touch right next to left heel, step back on right, hook left over right
- 5-8 Step left forward, lock right behind left, step left forward, scuff right next to left

Begin Again !

Contact: htmonalisa@aol.com or http://www.facebook.com/profile.php?id=1257602307