I Can't Understand



拍数: 32 **塌数**: 2 **级数**: Improver

编舞者: John Warnars (NL) - February 2012

音乐: I Can't Understand - Trisha Yearwood: (CD: A Thing Called Love)



(Seq. 32, 32, 32, 4, 32, 32, 16, 32, 4 32, 32, 16 + 3(end))

Info: Dance starts after 4 counts intro, on the word; If you could "READ" my mind.

CROSS ROCK, RECOVER, SIDE, CROSS, SIDE, SWEEP into ¼ TURN L COASTER STEP, STEP FWD, ½ PIVOT L;

1	RF cross rock RF over LF
2	LF recover back on LF
&	RF step to right side
3	LF cross step LF over RF
4	RF step to right side

5 LF step\sweep with ½ turn left backwards (9)

& RF close RF next LF
LF step forwards
RF step forwards

8 LF+RF make a ½ turn left (3) (weight on LF)

SIDE, L SAILOR STEP, BEHIND, SIDE, CROSS ROCK (LUNGE), RECOVER, 1/4 TURN R, STEP FWD;

1 RF step to right side

2 LF cross step LF hebind RF

& RF step to right side3 LF step to left side

4 RF cross step RF behind LF

& LF step to left side

5 RF press\cross rock over LF

6 LF recover back on LF

7 RF step with ¼ turn right forwards (6)

8 LF step forwards

ROCK FWD, RECOVER & ROCK BACK, RECOVER, STEP FWD, 1/4 TURN R, CROSS SHUFFLE;

1	RF rock forwards
2	LF recover back on LF
&	RF step LF next RF
3	LF rock backwards
4	RF recover back on RF
5	LF step forwards
6	RF+LF make a ¼ turn right (9)
7	LF cross step LF over RF
&	RF step to right side

SIDE, BEHIND, SIDE, CROSS, SWEEP into 1/4 TURN L COASTER STEP, FULL TURN L;

1 RF step to right side

8

2 LF cross step LF behind RF

& RF step to right side

3 LF cross step LF over RF

4 RF step to right side

5 LF step\sweep with ¼ turn left backwards (6)

LF cross step LF over RF

- & RF close RF next LF
 LF step forwards
 RF step with ½ turn left backwards (12)
 LF step with ½ turn left forwards (6)
- [1] RF start again (cross rock RF over LF)

Tag on the end of walls 3(6) & 6(6) R STEP FWD, ½ PIVOT L 2 X;

- 1 RF step forwards
- 2 LF+RF make ½ turn left
- 3 RF step forwards
- 4 LF+RF make ½ turn left

Restart; Dance the fifth wall to count 16(12) (count 8 of block 2) and restart the dance again

Finish dance, cross step LF over RF on count 16(12) (count 8 of block 2) and make a full turn right at 3 counts.

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