

拍数: 64      墙数: 2      级数: High Improver  
编舞者: Val Parry (UK) - February 2012  
音乐: Vogue - Madonna : (CD: I'm Breathless - 4:49)



**Intro: Start on Main Vocals**

**Long Intro – When Madonna sings STRIKE A POSE do exactly that!!**

**Sec 1: Right Monterey, Kick Ball Cross; Left Monterey, Kick Ball Cross**

- 1 - 2      Point Right to right side, Turn ½ right, stepping Right next to Left
- 3 & 4      Kick Left forward, step down on Left, Cross Right over Left
- 5 - 6      Point Left to left side, Turn ½ left, stepping Left next to Right
- 7 & 8      Kick Right forward, step down on Right, Cross Left over Right [12]

**Sec 2: ¼ left, step back, Back rock, Full turn, Lunge**

- 1 - 2      Turn ¼ left and step back on Right, Step back on Left
- 3 - 4      Rock back on Right, recover on Left,
- 5 - 6      Turn ½ left stepping back onto Right, Turn ½ left stepping forward onto Left
- 7 - 8      Lunge forward on Right (Bend R. knee) Recover weight onto Left [9]

**OPTION Easy option for 5-6 walk forward Right, Left**

**Sec 3: Step Back, Point, Step Back, Point, Behind, Unwind, Cross rock**

- 1 - 2      Step back on Right slightly behind Left, Point Left to left side
- 3 - 4      Step back on Left slightly behind Right, Point Right to right side
- 5 - 6      Cross Right behind Left., unwind ½ turn taking weight on Right
- 7 - 8      Cross rock Left over Right, recover weight on Right [3]

**Sec 4: ¼ left, Chase turn left, Left Rocking Chair**

- 1 - 2      Turn ¼ left stepping forward on Left, Step forward on Right
- 3 - 4      Turn ½ left, taking weight onto Left, Step forward on Right
- 5 - 6      Rock forward on Left, recover weight on Right
- 7 - 8      Rock back on Left, recover weight on Right [6]

**Sec 5: Kick and Point, Kick and Point, Jazz Box Cross**

- 1 & 2      Kick Left forward, take weight on Left, Point Right to right side
- 3 & 4      Kick Right forward, take weight on Right, Point Left to left side
- 5 - 6      Cross Left over Right, Step back on Right
- 7 - 8      Step left to left side, Cross Right over Left [6]

**Sec 6: Chasse left, Back rock; Chasse right, Back rock**

- 1 & 2      Step Left to left side, Step Right next to Left, Step Left to left side
- 3 - 4      Rock back on Right, Recover weight on Left

**\*\*\*\*\* Restart here Wall 4 (You will be facing 12 o'clock wall)**

- 5 & 6      Step Right to right side, Step Left next to Right, step Right to right side
- 7 - 8      Rock back on Left, Recover weight on Right [6]

**Sec 7: Side strut, Cross strut, Side Strut, Side Strut**

- 1 - 2      Step Left toe to left side, Drop Left heel
- 3 - 4      Cross Right toe across Left, Drop Right heel
- 5 - 6      Turning Body to left diagonal, Step Left toe to left side, Drop Left heel
- 7 - 8      Turning Body to right diagonal, Step Right toe to right side, Drop Right heel [6]

**Sec 8: Syncopated Weave, Side Touches x2**

- 1 - 2                Cross Left over Right, Step Right to right side
- 3 & 4              Cross Left behind Right, Step Right to right side, Cross Left over Right
- 5 - 6              Step Right to right side, Touch Left next to Right
- 7 - 8              Step Left to Left side, Touch Right next to Left [6]

**Finish - Wall 7 – Dance to count 63 Cross Right over Left and unwind to front**

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