Peggy's Jamabalya (2/11/12)



编舞者: Gwen Walker (USA) - February 2012

音乐: Jambalaya - Creedence Clearwater Revival



Or, any other version that works with the steps. (Fast or Slow steps to the beat.) Begin on lyrics - No Tags or Restarts

Rock, recover,	together, back rock, recover together, side rock, recover, together, right, left
1&2	Rock forward onto right, recover weight to left, step right foot beside left.
3&4	Rock back onto left, recover weight to right, step left foot beside right.
5&6	Side rock right to right side, recover weight to left, step right beside left.
7&8	Side rock left to left side, recover weight to right, step left beside right.

Triple forward, right, left, Triple back right, left.

1&2	Right Triple forward , step right forward, bring left beside right, step right forward.
3&4	Left Triple forward, step left forward, bring right beside left, step left forward.
5&6	Right Triple back, step right back, bring left back beside right, step right back.
7&8	Left Triple back, step left back, bring right back beside left, step left back.

Rock back, recover, together, rock forward, recover, together, right step ½ turn step, run, run, run.

1&2	Right rock back, recover to left, step right beside left.
3&4	Left rock forward, recover to right, step left beside right.
5&6	Step right forward, ½ turn to left, step right forward.

7&8 Run, Run, Run, stepping left, right, left.

Side rock cross, right, left, step ½ turn step, run, run, run.

1&2	Side rock right to right side, recover to left, step right across left.
3&4	Side rock left to left side, recover to right, step left across right.
5&6	Step right forward, ½ turn to left, step right forward.

7&8 Run, Run, Run, stepping left, right, left.

Begin again, Have Fun

Dance from the heart with joy.

Contact: gkwdance@gmail.com