Easy Does It



拍数: 16

墙数:4

级数: Ultra Beginner - ECS

编舞者: Rick Bates (USA) & Deborah Bates (USA) - February 2012

音乐: Let's Dance - Chris Montez : (Album: Let's Dance)



Honky Tonk Crowd by Rick Trevino [Rick Trevino] 152 bpm Country Down To My Soul by Lee Roy Parnell [CD: Line Dance Fever 7] 167 bpm Sea Of Cowboy Hats by Chely Wright [Woman In The Moon / No. 1 Line Dance Album] 156 bpm

Start dancing on lyrics

BACK STEPS, TOUCHES WITH CLAPS, SIDE STEP, TOGETHER, SIDE STEP, TOUCH

- 1-2 Step right back, touch left together (clap)
- 3-4 Step left back, touch right together (clap)
- 5-6 Step right to side, slide/step left together
- 7-8 Step right to side, touch left together

TURN 1/4 TO THE RIGHT, STOMP, STOMP, KNEE SLAPS, HAND CLAPS

- 9-10 Step left forward, turn 1/4 right (weight to right)
- 11-12 Stomp left forward, stomp right together
- 13-14 Hold, hold (slap left knee with left hand and right knee with right hand twice)
- 15-16 Hold, hold (raise hands to about eye level and clap twice, shifting weight to left)

REPEAT

