

After-Skiing

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ninna Jensen (DK) & Inge Vestergård (DK) - February 2012
音乐: Anton Aus Tirol - D.J. Otzi



R Chasse, Back Rock, L Chasse, Back Rock.

1&2 Step R to Right Side, Step L Next to R, Step R to Right Side
3-4 Rock L back, recover R
5&6 Step L to Left Side, Step R Next to L, Step L to Left Side
7-8 Rock R back, recover L

Shuffle forward x 2, Step ½ turn L X 2

1&2 Step fw on R, step L next to R, step forward on R
3&4 Step fw on L, step R next to L, step forward on L
5-6 Step fw on R, ½ Turn L
7-8 Step fwd on R, ½ Turn L

Heel switch R L R, clap X 2, Shuffle forward R, ¼ turn R

1&2& touch R heel fw, step R next to L, touch L heel fw, Step L next to R
3&4 touch R heel fw, clap, clap
5&6 Step fw on R, step L next to R, step forward on R
7-8 Step fw on L, ¼ turn R stepping R to side (3.00)

Cross Point x 2, L Jazzbox making ½ turn L

1-2 Cross L over R, point R to side
3-4 Cross R over L, point L to side
5-7 Cross L over R, ¼ turn L stepping back on R, ¼ turn L to L side, touch R beside L (9.00)

This dance was made after a skiing trip to Austria, where we heard the music lots of times going to funny after-skiing parties.

Dance, have fun and sing a long listening to this happy music.