Rockaway



拍数: 48 编数: 4 级数: Easy Intermediate

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音乐: Feels Like Rock 'n Roll - Bouke: (CD: For The Good Times)



16 Count intro (Script Written as 89 bpm)

Right Lock Step Forward. Scuff. Left & Right Toe Struts F	Forward. Step. Pivot Full Turn Right. Right Lock Step
Back	

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1 & 2 &	Step forward on Right. Lock step Left behind Right. Step forward on Right. Scuff Left forward.
3 & 4 &	Step forward on Left toe. Drop Left heel to floor. Step forward on Right toe. Drop right heel to floor.
5 & 6	Step forward on Left. Pivot ½ turn Right. Make ½ turn Right stepping back on Left.
7 & 8	Step back on Right. Lock step Left across Right. Step back on Right. (Facing 12 'clock)

Easier option: Counts 5 & 6 above... Left Mambo Forward.

Back Rock. & Left Side Step. Behind & Cross. Side Step Left. Touch. Side Step Right. Touch. Left Scissor Step.

1 & 2	Rock back on Left. Rock forward on Right. Step Left out to Left side.
3 & 4	Cross Right behind left. Step Left to Left side. Cross Step Right over Left.
5 &	Step Left to Left side. Touch Right toe beside Left.
6 &	Step Right to Right side. Touch Left toe beside Right.
7 & 8	Step Left to Left side. Close Right beside Left. Cross step left over Right.

Chasse ¼ Turn Right. Scuff. Left Mambo Forward. Hitch. Right Coaster Step. Forward Rock & Left Side Rock.

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1 & 2	Step Right to Right side. Close Left beside Right. Make $\frac{1}{4}$ turn Right stepping forward on Right.
&	Scuff left forward. (facing 3 o'clock).
3 & 4 &	Rock forward on Left. Rock back on Right. Step back on Left. Hitch Right Knee up.
5 & 6	Step back on Right. Step Left beside Right. Step forward on Right.
7 & 8 &	Rock forward on Left. Rock back on Right. Rock Left out to Left side. Recover weight on Right.

Left Cross Shuffle. Right Side Rock & Cross. 2 x 1/4 Turns Right. Cross. Right Side Rock & Cross.

1 & 2	Cross Step Left over Right. Step Right to Right side. Cross Step Left over Right.
3 & 4	Rock Right out to Right side. Recover weight on Left. Cross step Right over Left.
5 &	Make ¼ turn Right stepping back on left. Make ¼ turn Right stepping Right to Right side.
6	Cross step Left over Right. (facing 9 o'clock)
7 & 8	Rock Right out to Right side. Recover weight on Left. Cross step Right over Left.

Left Toe Touch Out-In-Out. Left Jazz Box ¼ Turn Left with Flick. Right Lock Step Forward. Step. Pivot ½ Turn Right. Step.

1 & 2	Touch Left toe out to Left side. Touch Left toe beside Right. Touch Left toe out to Left side.
3 &	Cross step Left over Right. Make 1/4 turn Left stepping back on Right.
4 &	Step Left to Left side and slightly forward. Flick/Kick Right heel back. (facing 6 o'clock)
5 & 6	Step forward on Right. Lock step Left behind Right. Step forward on Right.
7 & 8	Step forward on Left. Pivot ½ turn Right. Step forward on Left. (facing 12 o'clock)

2 x Right Heel Grinds. & Right Sailor Step. 2 x Left heel Grinds. & Left Sailor 1/4 Turn Left.

1 &	Dig Right heel across Left. Fan Right toes to Right side whilst stepping Left to Left side.
2 &	Dig Right heel across Left. Fan Right toes to Right side whilst stepping Left to Left side.

3 & 4 Cross Right behind left. Step Left to Left side. Step Right to Right side.

5 &	Dig Left heel across Right. Fan Left toes to Left side whilst stepping Right to Right side.
6 &	Dig Left heel across Right. Fan Left toes to Left side whilst stepping Right to Right side.
7 & 8	Cross left behind Right. Make ¼ turn Left stepping Right beside Left. Step forward on Left. (facing 9 o'clock)

START AGAIN.