# A Walk In The Park



**拍数:** 64 **墙数:** 4 **级数:** Beginner

编舞者: Paul Dornstedt (USA) & Karla Dornstedt (USA) - March 2012

音乐: Walking In The Park With Eloise - Paul McCartney



Alternate music: Ain't She Sweet by Enoch Light, Lead in 16 counts Available on iTunes

A big thank you to our beautiful granddaughter, Ashley Valencia, for suggesting this fun song.

Lead in 64 counts.

### [1 – 8] FORWARD, HOLD, TOUCH, HOLD, COASTER STEP, HOLD

1 - 4 Step forward on left, hold, touch right forward, hold

5 - 8 Step back on right, step left next to right, step forward on right, hold

#### [9-16] FORWARD, HOLD, FORWARD, HOLD, COASTER STEP, HOLD

1 - 4 Step forward on left, hold, step forward on right, hold

5 - 8 Step forward on left, step right next to left, step back on left, hold

#### [17 - 24] BACK, HOLD, TOUCH, HOLD, STEP, LOCK, STEP, HOLD

1 - 4 Step back on right, hold, touch left back, hold

5 - 8 Step forward on left, lock right behind left, step forward on left, hold

#### [25 - 32] FORWARD, HOLD, 1/2 LEFT, HOLD, FORWARD, 1/4 LEFT, FORWARD, HOLD

1 - 4 Step forward on right, hold, turn 1/2 left and step on left, hold

5 - 8 Step forward on right, step turn 1/4 left and step on left, step forward on right, hold (3:00)

#### [33 - 40] TOUCH, HOLD, TOUCH, HOLD, SAILOR STEP, HOLD

1 - 4 Touch left forward, hold, touch left side left, hold

5 - 8 Cross left behind right, step right next to left, step left side left, hold

#### [41 - 48] CROSS TOE STRUT, SIDE TOE STRUT, CROSS ROCK, RECOVER, SIDE, HOLD

1 - 4 Touch right toe across left, step down on right, touch left toe side left, step down on left

5 - 8 Cross rock right over left, recover weight on left, step right side right, hold

#### 149 - 561 CROSS TOE STRUT, SIDE TOE STRUT, CROSS ROCK, RECOVER, SIDE, HOLD

1 - 4 Touch left toe across right, step down on left, touch right toe side right, step down on right

5 - 8 Cross rock left over right, recover weight on right, step left side left, hold

## [57 - 64] TOUCH, HOLD, TOUCH, HOLD, SAILOR STEP, HOLD

1 - 4 Touch right forward, hold, touch right side right, hold

5 - 8 Cross right behind left, step left next to right, step right side right, hold

#### REPEAT

Tag: For "Ain't She Sweet" only.

After completing the fourth rotation, you will be facing the 12:00 o'clock wall, complete the following 16 counts.

After completing the sixth rotation, you will be facing the 6:00 o'clock wall, complete the following 16 counts. [1 – 8] FORWARD, HOLD, FORWARD, HOLD, COASTER STEP, HOLD

1 - 4 Step forward on left, hold, step forward on right, hold

5 - 8 Step forward on left, step right next to left, step back on left, hold

# [9-16] BACK, HOLD, BACK, HOLD, COASTER STEP, HOLD

1 - 4 Step back on right, hold, step back on left, hold

5 - 8 Rock back on right, step left next to right, step forward on right, hold

# **ENDING: (optional)**

For Eloise, last rotation starts on the 9:00 o'clock wall, complete first 40 counts; ends facing 12:00 wall (12:00)

For Ain't She Sweet, last rotation starts on 12:00 o'clock wall, dance 28 counts then replace count 29 - 32 with

5 - 8 Step forward on right, step turn 1/2 left and step on left, step forward on right, hold (12:00)