This Girl



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Diane Blairs (UK) - March 2012

音乐: Long Gone - Lady A: (Album: Lady A 2008)



NOTE: (18sec) Start on Vocal ("It's")

ROCKING CHAIR, JAZZ BOX.

1 - 2	rock fwd on right, recover on left,
3 - 4	rock back on right, recover on left,
5 - 6	cross right over left, step back on left,
7 - 8	step right to right side, step fwd on left.

1/2 PIVOT R, STEP FWD L, RIGHT SUFFLE FWD, ROCK, RECOVER, STEP BACK, 1/4 TURN R, CROSS.

1 - 2	½ pivot right, step on right, step fwd on left,
1 - 4	72 DIVOL HUHL, SLED OH HUHL, SLED IWU OH IEH.

3&4 step fwd on right, step left beside right, step fwd on right,

5 - 6 rock fwd on left, recover on right,

7&8 step left back, ¼ turn right, step on right, cross left over right.

SIDE, TOG, 3/4 TURN RIGHT, BEHIND, SIDE, CROSS, 1/4 SWIVEL L, BACK LEFT.

1 - 2	step	right to	right side.	step	left besi	de riah
I - Z	Step	HIGHL LO	right Side.	Step	ieit besi	ue ngi

3 - 4 ¼ turn right, step on right, ½ turn right, step back on left, (weight on left)

step right behind left, step left to left side, cross right over left,

7 - 8 (on balls of both feet) 1/4 swivel left, (weight on right), step back on left, (weight on left)

CROSS, BACK, R COASTER, L SAILOR, RIGHT LOCK STEP

1 - 2 cross right over left, step back on left,

3&4 step slight back on right, step left beside right, step fwd on right,

5&6 step left slight behind right, step right to right side, step left to left side, (weight on left)

7&8 step fwd on right, lock left behind right, step fwd on right.

L SIDE ROCK, BEHIND, R SIDE ROCK, BEHIIND, WALK FWD L & R

1-2-3 rock left to left side, recover on right, step left behind right,

4-5-6 rock right to right side, recover on left, step right behind left, (weight on right)

7 - 8 walk fwd on left, walk fwd on right.

STEP, ½ PIVOT R HOOK, RIGHT LOCK STEP, ROCK RECOVER, ¼ TURN L, LEFT LOCK STEP.

1 - 2 step fwd on left, ½ pivot right, hook right across left,
3&4 step fwd on right, lock left behind right, step fwd on right,

5 - 6 rock fwd on left, recover on right,

7&8 ¼ turn left, step fwd on left, lock right behind left, step fwd on left.