

Let Me Out!

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate

编舞者: Jon Levant (USA) & Gail Levant (USA) - March 2012

音乐: Genie 2.0 - Christina Aguilera : (Album: Keeps Getting Better - A Decade of Hits)



Start after 48 counts from beginning of track. - Restart during wall 2 after 48 counts (Section F) facing 6:00

Section A: Step, Touch X2, Kick-Ball Step X2

- 1-2 Step R foot diagonally FWD, Touch L toe next to R foot
- 3-4 Step L foot diagonally FWD, Touch R toe next to L foot
- 5&6 Kick R foot FWD-Step on ball of R foot-Step L foot FWD
- 7&8 Kick R foot FWD-Step on ball of R foot-Step L foot FWD

Section B: Rock, Recover & Rock, Recover, Behind, Side, Cross Shuffle

- 1-2& Rock R foot to R side, Recover on L foot, Step R foot next to L foot (&)
- 3-4 Rock L foot to L side, Recover on R foot
- 5-6 Cross L foot behind R foot, Step R foot to R
- 7&8 Cross L foot over R foot-Step R foot to R side-Cross L foot over R foot

Section C: Side, Hold, Rock Back, Recover, Shuffle ¼ L, Pivot ½ L

- 1-2 Step R foot long step to R side, Hold
- 3-4 Rock back onto L foot, Recover onto R foot
- 5&6 Shuffle ¼ turn L (L-R-L) (9:00)
- 7-8 Step R foot FWD, Pivot ½ turn L onto L foot (3:00)

Section D: Shuffle ½ L, Shuffle ½ L, Rock, Recover, Sailor Turn ¼ R

- 1&2 Shuffle ½ turn L (R-L-R) (9:00)
- 3&4 Shuffle ½ turn L (L-R-L) (3:00)
- 5-6 Rock FWD on R foot, Recover onto L foot
- 7&8 Sweep-Step R foot behind L foot-Step L foot ¼ turn R- Step R foot slightly diagonally FWD (6:00)

Section E: Step FWD, Hold X2, Rock, Recover, Coaster Cross

- 1-2 Step L foot FWD and slightly across R foot, Hold
- 3-4 Step R foot FWD and slightly across L foot, Hold
- 5-6 Rock FWD on L foot, Recover onto R foot
- 7&8 Step L foot back-Step R foot next to L foot-Cross L foot over R foot

Section F: Side, Hold & Side, Hold, Rock, Recover Shuffle ½ L

- 1-2& Step R foot to R, Hold, Step L foot next to R foot (&)
- 3-4 Step R foot to R, Hold
- 5-6 Rock FWD on L foot, Recover onto R foot
- 7&8 Shuffle ½ turn L (L-R-L) (12:00)

Restart will happen here during Wall 2. You will be facing 6:00.

Section G: Kick Ball Cross, Side, Drag X2

- 1&2 Kick R foot FWD-Step on ball of R foot-Cross L foot over R foot
- 3-4 Step R foot a long step to R side, Drag L toe to R foot (weight stays on R foot)
- 5&6 Kick L foot FWD-Step on ball of L foot-Cross R foot over L foot
- 7-8 Step L foot a long step to L side, Drag R toe to L foot (Weight stays on L foot) (12:00)

Section H: Turning Hip Bumps, Sailor Step, Sailor FWD

- 1&2& Bump hips R-L-R while moving slightly to R side, Turn ½ turn R on ball of R foot (&) (6:00)

3&4 Bump hips L-R-L while moving slightly to L side (6:00)
5&6 Sweep-Step R foot behind L foot-Step L foot to L side-Step R foot to R side
7&8 Sweep-Step L foot behind R foot-Step R foot to R side-Step L foot slightly FWD

Start again.

**Ending: As the music winds down, end the dance at counts 7&8 of Section A facing 12:00.
Take one more step forward on the right foot and spread arms up and out to sides.
Always remember to smile.**

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