

# Shangri La

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Improver  
编舞者: Nelly Chu (CAN) - March 2012  
音乐: Shangri La - Costa Cordalis



## Intro 8 counts

### Right vine, touch, rolling turn left touch

1 2 3 4      Step right to right side, cross left behind right, step right to right side, touch left next to right  
5 6 7 8      Make  $\frac{1}{4}$  turn left step forward on left,  $\frac{1}{2}$  turn left step back on right,  $\frac{1}{4}$  turn left step left to left side, touch right next to left (12:00)

**Restart during wall 2 and wall 5 facing 6 o'clock begin the dance again**

### Back, back, back, touch, step kick, step touch

1 2 3 4      Step back right, left, right, touch left toe back  
5 6 7 8      Step forward on left, kick forward on right, step back on right, touch left toe back

### Shuffle forward x2, rock recover, coaster step

1&2      Forward left shuffle stepping left, right, left to left diagonal  
3&4      Forward right shuffle stepping right, left right to right diagonal  
5 6      Rock forward on left, recover on right  
7&8      Step back on left, step right beside left, step forward on left (12:00)

### Forward step, pivot $\frac{1}{4}$ turn left, cross shuffle, $\frac{1}{2}$ turn right, cross shuffle

1 2      Step forward on right, pivot  $\frac{1}{4}$  turn left step left in place (9:00)  
3&4      Cross right over left, step left to left side, cross right over left  
5 6      Make  $\frac{1}{4}$  turn right step back on left,  $\frac{1}{4}$  turn right step right to right side (3:00)  
7&8      Cross left over right, step right to right side, cross left over right

### Touch, kick, behind, side, cross, touch, kick, behind, $\frac{1}{4}$ turn right, step

1 2      Touch right toe beside left, kick right forward to right diagonal  
3&4      Cross right behind left, step left to left side, cross right over left  
5 6      Touch left toe beside right, kick left forward to left diagonal  
7&8      Cross left behind right,  $\frac{1}{4}$  turn right stepping forward right, step forward on left (6:00)

### Forward rock, recover, $\frac{1}{2}$ turn right x2, rock back kick ball touch

1 2      Rock forward on right, recover on left  
3 4      Make  $\frac{1}{2}$  turn right, stepping forward on right,  $\frac{1}{2}$  turn right stepping back on left  
5 6      Rock back on right, recover on left (6:00)  
7&8      Kick right forward, step on ball of right beside left, touch right toes forward

### Step back, touch x4, hips bumps left, right, left, right

&1&2      Step back on left, touch right toes forward, step back on right, touch left toes forward  
&3&4      Step back on left, touch right toes forward, step back on right, touch left toes forward  
5 6 7 8      Step left to left side with hips bumps left, right, left, right

### Chasse left, rock back, recover, step together, swivel

1&2      Step left to left side, step right beside left, step left to left side  
3 4      Rock back on right, recover on left (6:00)  
5 6      Step right to right side, step left beside right  
7 8      Swivel both heels to right side, swivel back to centre

**Restart during wall 2 dance up to 8 counts facing (6:00)**

Restart during wall 5 dance up to 8 counts facing (6:00)

Start again and have fun!

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