

Bailando

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Bailando por Ahí - Juan Magán



Info: 16 count intro

Side, Touch, Side, Touch, Hip Sways Right left Right Left

- 1 RF Step to right side
- 2 LF Touch to left side
- 3 LF Step to left side
- 4 RF Touch to right side
- 5 RF Step to right side& Sway to right side
- 6 Sway Left
- 7 Sway Right
- 8 Sway Left

Rock forward, Recover, Shuffle back , Rock Back, Recover, Shuffle Forward

- 1 RF Step forward
- 2 LF Recover weight
- 3 RF Step Back
- & LF Close next to RF
- 4 RF Step Back
- 5 LF Rock Back
- 6 RF Recover weight
- 7 LF Step Forward
- & RF Close next to LF
- 8 LF Step Forward

Step forward+Sway Forward, Hold, Sway Back, Hold, Step right diagonally back, Step left diagonally back, Step right diagonally back, Step left diagonally back

- 1 RF Step forward & Sway forward
- 2 Hold
- 3 Sway Back
- 4 Hold
- & RF Step diagonale back
- 5 LF Touch next to R
- & LF Step diagonale back
- 6 RF Touch next to L
- & RF Step diagonale back
- 7 LF Touch next to R
- & LF Step diagonale back
- 8 RF Touch next to L

R Chasé, Rock back, recover, L Chasé, Rock back, Recover,

- 1 RF Step to right side
- & LF Step next to RF
- 2 RF Step to right side
- 3 LF Step back
- 4 RF Recover weight
- 5 LF Step to left side
- & RF Step next to LF

- 6 LF Step to left side
- 7 RF Step back
- 8 LF Recover weight

Paddle Half Turn(using hips!), Step lock step, Step lock step

- 1 RF Step forward
- 2 R+L Paddle ¼ Turn left
- 3 RF Step forward
- 4 R+L Paddle ¼ Turn left
- 5 RF Step forward
- & LF Lock behind RF
- 6 RF Step forward
- 7 LF Step forward
- & RF Lock behind LF
- 8 LF Step forward

Rock forward, Recover, Full turn Right(back), Rock back, Recover, Full turn Left(forward)

- 1 RV Step forward
- 2 LV Recover weight
- 3 RV Step ½ Turn back(right)(or step back)
- 4 LV Step ½ Turn back(right)(or step back)
- 5 RV Step back
- 6 LV Recover weight
- 7 RV Step ½ Turn forward(left), (or step forward)
- 8 LV Step ½ Turn forward(left), (or step forward)

Touch forward, Touch side, Step back, Step forward on position, Touch on position, ¼ Turn Left, Cross, Step left

- 1 RF Touch forward
- 2 RF Touch to right side
- & RF Step back
- 3 LF Step on position
- 4 RF Touch on position
- 5 RF Step forward
- 6 R+L ¼ Turn left
- 7 RF Cross over LF
- 8 LF Step to left side

Cross back, Touch side, Cross, ¼ Turn back, ¼ Turn left, Lock step forward, Step forward, ½ Turn(left)

- 1 RF Cross behind LF
- 2 LF Touch to left side
- 3 LF Cross over RF
- 4 RF ¼ Turn back , step back
- 5 LF ¼ Turn Left, step forward
- & RF Lock behind LF
- 6 LF Step forward
- 7 RF Step forward
- 8 R+L ½ Turn Left

Begin again,

Info: no restart and no tag in this dance
