Emotional Feeling



编舞者: JinLan Diong (MY) - March 2012 音乐: So Emotional - Whitney Houston



Intro: Heavy beat 32 counts. Start on vocal

Sequence: AAA (16) Tag B A (16) Restart AA (16) Tag B AAA (16) Tag BBB

Part A (32 count)

[1-8] Cross R, Point L, Cross L Behind, Point R, Hitch R, Point R, Point R Behind, Unwind 1/2 R.

1-2 Cross R over L, Point L to L side3-4 Cross L behind R, Point R to R side.

5-6 Hitch R knee in towards L, Point R to R side

7-8 Point R toe behind L, Unwind ½ turn R ending with weight R [6.00]

Arm Styling: Punch fists down right arm over left (5), Swing both arms up above head (6)

[9-16] L touch with hip, R touch with hip, Rock Fwd, Recover, ½ turn L, ¼ turn L

Touch L to L diagonal as you push hips forward, Step L next to R (slightly forward)
 Touch R to R diagonal as you push hips forward, Step R next to L(slightly forward)

5-6 Rock forward on L, Recover on R

7-8 Turn ½ L stepping L forward, Turn ¼ L stepping R to R side [9.00] (Restart Point-see note)

[17-24] Press, Kick, Back, Back, ½ L Fwd, ½ L Together, ½ L Fwd, Kick R

1-2 Press L forward, Recover on R as kick L forward

3-4 Step back on L, R

5-6 Turn ½ L stepping L forward, Turn ½ L stepping R together

7-8 Turn ½ L stepping L forward, Kick R to R side [3.00]

[25-32] Jazz Box ¼ R, Hip Bump R, L, R, L

1-2 Cross R over L, step back on L

3-4 Turn ¼ R stepping R to R side, Step L next to R

5-8 Hip bump R, L, R, L [6.00]

Part B (32 count)

[1-8] Side, Knee Pop R, L, Recover, Kick Ball Cross, Full Turn L, Jump Out Apart

1-2 Step L to L side, Pop R knee in

3-4 Pop L knee in, Recover ending weight on R5&6 Kick L forward, Step L next to R, Cross R over L

7-8 Unwind full turn L, Low jump stepping out apart ending weight on L [12.00]

Arm Styling: Punch fists down R arm over L (5), Punch both arms down to side (6)

[9-16] Heel Switches R Twice &, L Twice &, R & L, & R Twice

1,2& Touch R heel R diagonal forward twice, Step R next to L [12.00]
 3-4& Turn ¼ L touch L heel L diagonal forward twice, Step L next to R [9.00]

Touch R heel R diagonal forward, Step R next to L, Touch L heel L diagonal forward [9.00]

&7,8 Turn ¼ L stepping L next to R, Touch R heel to R diagonal forward twice [6.00]

[17-24] Ball Step, Click Finger, Knee Pop In, Out, L Fwd, R Hitch, R Back, L Heel Fwd

&1,2 Step R next to L, Step L out to L side, click L fingers out to L side (Look L)

3-4 Pop R knee In, Recover on R5-6 Step forward on L, Hitch R knee up

7-8 Step back on R, Touch L heel forward (slightly lean back) [6.00]

Arm Styling: Swing R arm down and across in front of waist (3), Swing R arm back to R (4)

[25-32] Ball Step, Pivot ½ L, R Fwd ,L Side, Hold, Touch, Side, Hold

&1,2 Step L next to R, Step forward on R, Pivot ½ L step L forward [12.00]

3-4 Step forward on R, Step L to L side

5-6 Hold, Touch beside R

7-8 Step L to L side, Hold [12.00]

Arm Styling: Swinging arms from R in front of chest (5), Swinging arms to L in front of chest (6), and bring them around your head going from the L side, then behind your head, then to the R side (7), Swinging arms down to both sides (8)
Start Again, Have Fun!!

TAG: Always happen on Part A (16) and facing 12.00

1st & 3rd Tag: you will dance the first 15 counts of dance "change count 16 to *15-16" below then do the tag
15-16

Turn ½ L stepping L forward (15), Stepping R forward (16) to facing 12.00

2nd Tag: Dance to count 16, you will face 12.00 then do the tag. Add the following tag:

1-4 Step forward on L, Pivot ½ R, Step forward on L, Pivot ½ R

Restart: This happens On 2nd A (16); you will dance the first 15 counts of dance "change count *15-16* below then Restart from the beginning.

15-16 Turn ½ L stepping L forward (15), Turn ¼ L Touching R to R side (16) facing 9.00

End: Add cross R over L unwind ½ L to facing front wall.

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