

# Ice Cream Freeze

**COPPER KNOB**  
STEPPERS

拍数: 48      墙数: 0      级数: Beginner Contra  
编舞者: Maryloo (FR) - April 2012  
音乐: Ice Cream Freeze (Let's Chill) - Hannah Montana : (CD: Vol .3 - Original Soundtrack)



Intro : 24 counts

The dancers are placed in front of each other, along two lines or in circle

## HEEL TOUCHES , BEHIND, SIDE , CROSS ( R.& L. SIDE)

1-2      Touch right heel to side ( twice)  
3&4      Step right behind left, step left to side, cross right over left  
5-6      Touch left heel to side ( twice)  
7&8      Step left behind right, step right to side, cross left over right

## TRIPLE FORWARD (R. & L.), PUDDLE TURN ½ LEFT

1&2      Triple forward ( right, left, right)  
3&4      Triple forward ( left, right, left)  
5&6&7&8      Touch right to side, hitch right turn 1/8 left on left ( repeat 4 X) ( weight on left)

You are now on other side of line

## HEEL TOUCHES , BEHIND, SIDE , CROSS ( R.& L. SIDE)

1-3      Touch right heel to side ( twice)  
3&4      Step right behind left, step left to side, cross right over left  
5-7      Touch left heel to side ( twice)  
7&8      Step left behind right, step right to side, cross left over right

## TRIPLE FORWARD (R. & L.), MAMBO (R. &L.)

1&2      Triple forward ( right, left, right)  
3&4      Triple forward ( left, right, left)  
5&6      Rock right to side, recover on left, step right together  
7&8      Rock left to side, recover on right, step left together

You are now back where you started, back to back with your partner

## JUMP ( TOGETHER, OUT, CROSS ), UNWIND ½ TURN LEFT, WALKS FORWARDS

1&2      Jump up ( feet together), jump out ( feet apart), jump right across left  
3-4      Unwind turn ½ left (weight ends on left)  
5-8      Walks forward ( right, left, right, left)

You are now face to face with your partner

## JUMP ( TOGETHER, OUT, CROSS ), UNWIND ½ TURN, WALKS FORWARD & ½ TURN LEFT

1&2      Jump up ( feet together), jump out ( feet apart), jump right across left

Option :

When you make the jumps, you can :

1      Clap in your hands  
&      Clap in both hands of your partner in front of you  
2      Clap in the right hand of your partner in front of you  
3-4      Unwind turn ½ left (weight ends on left)  
5-7      Walks forward ( right, left, right,)  
8      Make a ½ turn left and step left next to right

You are now in front of your partner

**VARIANT :**

This dance can be danced in circle; in the last section, by walking forward you move slightly towards the left to change partner

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