I Changed The World

拍数: 32

级数: Improver

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音乐: Senza Una Donna - Zucchero & Paul Young

Intro: Start on the word "This" - No Tags, no Restart !

Sway, Sway, Rumba, Sweep, Sweep, Sweep, Sweep

- Step Right to Right side, and sway to the Right, sway to the Left 1-2
- 3&4 Step Right to Right side, step Left beside Right, step back on Right
- 5-6 Sweep Left out and behind Right, Sweep Right out and behind Left
- 7-8 Sweep Left out and behind Right, Sweep Right out and behind Left (12:00)

Back Rock, Recover, ½ Turn, Sweep, Sweep, Sweep, Sweep, Back Rock, Recover, Point

- 1&2 Rock back on Left, Recover, 1/2 turn Right, step back on Left
- 3-4 Sweep Right out and behind Left, Sweep Left out and behind Right
- 5-6 Sweep Right out and behind Left, Sweep Left out and behind Right
- 7&8 Back rock Right, recover, point Right to Right side (06:00)

Cross, Point, Behind, Point, Cross, Sway, Sway, Back, Side, Cross

- 1-2 Cross Right in front of Left, point Left to Left side
- &3-4 Cross Left behind Right, Point Right to Right side, cross Right in front of Left
- 5-6 Step Left to the Left and sway Left, then Right
- &7-8 Step back on Left, step Right to Right side, cross Left in front of Right

Sway, Sway, Sway, Sway, Mambo Fwd. Right, Mambo Back Left

- 1-2 Step Right to Right side and sway Right, Left
- 3-4 sway Right, Left
- 5&6 Rock fwd. Right, recover, step Right beside Left
- Rock back on Left, recover, step Left beside Right (06:00) 7&8
- Have Fun!





墙数:4