

Sugar Town

COPPER KNOB
STEPPERS

拍数: 44 墙数: 4 级数: Intermediate - with Options
编舞者: Irene Groundwater (CAN) - April 2012
音乐: Sugar Town - Nancy Sinatra : (DVD: Sugar Town)



Intro: 16 counts - Dance Pattern: Intro, (1 – 44) x 2, (1 – 32) - Restart dance pattern. (1 – 44) x 2, (1 – 24)

[1-8] (HEEL, HITCH D. FWD, LOCK, D. FWD) X 2

1-2 Touch R Heel diag forward, Hitch R Heel over L Knee
3&4 R diag fwd, Lock L behind R, R diag forward
5-6 Touch L Heel diag forward, Hitch L Heel over R Knee
7&8 L diag fwd, Lock R behind L, L diag forward

[9-16] CROSS BALL CHANGES MOVING DIAG BACK

1 Step right across in front of left.
&2 Step on ball of left to left side and diag. back, cross right over left
&3 Step on ball of left to left side and diag. back, cross right over left
&4 Step on ball of left to left side and diag back, Straighten body with R back
5 Step L over R
&6 Step on ball of R to right side and diag back, Cross L over R
&7 Step on ball of R to right side and diag back, Cross L over R
&8 Step on ball of R to right side and diag back, Straighten body with L back

[17-24] SIDE TRIPLE, PIVOT ½ TURN R WITH SIDE TRIPLE, SIDE TRIPLE, PIVOT ½ TURN L WITH SIDE TRIPLE

1&2 Side R, Step L beside R, Side R,
3&4 Pivot ½ turn right as you step L, Step R beside L, Side step L
5&6 Side R, Step L beside R, Side R,
7&8 Pivot ½ turn left (back turn) as you Side step L, Step R beside L, Side L

(Option – for people who hate turns – Vine right with a touch, Vine left with a touch.)

(2nd Option – leaving out the triples, Side, touch, ½ turn right with Side step, Touch)

(2nd Option – leaving out the triples, Side, touch, ½ turn left with Side step, Touch)

[25-32] SIDE, DRAG, DRAG, TOUCH, ¼ TURN L, DRAG, DRAG, TOUCH

1-2-3-4 Large R Side step, Drag L towards R for 2 counts, Touch L beside R
5 Pivot ¼ turn left on R Ball as you Side step L
6-7-8 Drag R towards L for 2 counts, Touch R Ball beside L instep

RESTART HAPPENS HERE

[33-40&] - 2 CHUG STEPS, FWD SHUFFLE, FWD, (½ TURN R) X 3, TOG.

1 Step right forward and slide left toe up next to right foot (weight on right, left knee will be slightly bent).
2 Step left forward and slide right toe up next to left foot (weight on left, right knee will be slightly bent).
3&4 R fwd shuffle
5-6 L fwd, ½ turn right onto R,
7-8& L back making ½ turn right, R fwd making ½ turn right on step, Step L beside R

(Option – For people who hate turns– On counts 7-8 & – L forward, R forward, Step L beside R)

[41-44] SWAY, HOLD, SWAY, HOLD

1-2-3-4 Sway R, Hold, Sway L, Hold

BEGIN AGAIN

This step description may be freely copied and distributed, but may not be altered or rewritten without the express permission of the choreographer.

Contact:-

307 - 1717 W. 13th Ave., Vancouver, B.C., Canada V6J 2H2,

Tel & Fax No.(604-732-0693), - Email address: aiground@telus.net -

Website:<http://www.irenegroundwater.com/>
