I'm Ready To Roll

拍数: 32

级数: Improver

编舞者: Lotte Irmgarth (DK) - May 2012

音乐: Ready To Roll - Blake Shelton

Start on vocals.

Cross, Side, Sailor Step, Cross, Side, Sailor 1/4 Turn Left

- 1-2 Cross Right over Left, Step Left to Left side
- 3&4 Cross Right behind Left, step Left beside Right, step Right to Right side
- 5-6 Cross Left over Right, step Right to Right side
- 7&8 1/4 turn Left, Cross Left behind Right, step Right beside Left, Step fwd. Left (09:00)

Walk R, Walk L, R Rock forward, R back Shuffle, L Back Rock

- 1-2 Step forward on Right, Step forward on Left
- 3-4 Rock forward on Right, Recover onto Left
- 5&6 Step back on Right, Step Left beside Right, Step back on Right
- 7-8 Rock back on Left, Recover onto Right

Side Rock L, behind side cross, R side drag, L back rock

- 1-2 Rock Left to left side, recover onto Right
- 3&4 Cross left behind Right, Step Right to Right side, Cross Left over Right
- 5-6 Step right to right side (long step), Drag left beside right,
- 7-8 Rock back on left, Recover onto right.

L Shuffle forward, L Step 1/2 turn, L Shuffle 1/2 turn, L Coaster

- Step forward on Left, Step Right beside left, Step forward on left 1&2
- 3-4 Step forward on Right, Turn 1/2 to Left
- 5&6 1/2 turn shuffle Left, Step back on Right, Step Left beside Right, Step back on Right
- Step back on Left, Step Right beside Left, Step forward on Left. 7&8

Tag: at the end of wall 3 (facing 3o'clock) 16 count.

[1-8] R Side rock, Behind side cross, L Side rock, Behind side cross

- 1-2 Rock Right to Right side, Recover onto Left
- 3&4 Cross Right behind Left, step Left to Left side, Cross Right over Left.
- 5-6 Rock Left to Left side, Recover onto Right
- 7&8 Cross Left behind Right, Step Right to Right side, Cross Left over Right

[9-16] Rock R forward, shuffle back on R, rock back on left, shuffle forward on left

- 1-2 Rock forward on Right, Recover onto left
- 3&4 Step back on Right, Step Left beside Right, Step back on Right
- 5-6 Rock back on Left, Recover onto Right
- 7&8 Step forward on Left, Step Right beside Left, Step forward on Left.





墙数:4