

Time And Distance

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Marie Sørensen (TUR) - May 2012
音乐: Time and Distance - Tanya Tucker : (iTunes)



Intro: 16 Counts

Chasse Right, Hold, Cross Rock Left, recover, ¼ turn Left, Hold

- 1-2 Step Right to Right side, step Left beside Right
- 3-4 Step Right to Right side, hold
- 5-6 Cross Rock Left over Right, recover
- 7-8 ¼ Turn Left, Step Fwd. Left hold (Facing 9 O` Clock)

Triple Full Turn (On the spot) Left, Hold, Rock Fwd. Left, Recover, Step back, sweep Right

- 1-2 1/2 turn Left, step Right back, Step Left beside Right
- 3-4 ½ turn Left, step Fwd. Right, Hold
- 5-6 Rock Fwd. Left, recover
- 7-8 Step Back Left, Sweep Right around & back (Facing 9 O` Clock)

Restart the dance here during wall 8

Step Right behind, Hold, Step Left behind, Hold, Chasse ¼ turn Right, Hold

- 1-2 Cross Right behind Left, Hold
- 3-4 Cross Left behind Right, Hold
- 5-6 Step right to Right side, Step Left beside Right
- 7-8 ¼ turn Right, Step Fwd. Right, Hold (Facing 12 O` Clock)

Cross Rock Left, recover, ¼ turn Left, Hold, Triple Full Turn Left, Touch

- 1-2 Cross Rock Left over Right, recover
- 3-4 ¼ Turn Left, Step Fwd. Left hold
- 5-6 1/2 turn Left, step Right back, ½ turn Left, Step Fwd. Left
- 7-8 Touch Right beside Left, Hold (Facing 9 O` Clock)

**There is a easy Restart during wall 8, after 16 Counts (Facing 12 O` Clock)
Do a hold, instead of sweep on Count 16 – Start the dance from the beginning.**

Have Fun!

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