

# 4 A-M

拍数: 32      墙数: 4      级数: Improver  
编舞者: Hazel Pace (UK) - May 2012  
音乐: 4am - Cherry Ghost : (Album: Thirst For Romance - iTunes)



**Intro: Start Just before vocals. No Tags.**

**[1 – 8] Rock Recover, Side Recover, Sailor Step, Run Left, Right, Left, Mambo 1/4 Right.**

- 1&2&      Rock forward on right, recover on left, rock right to right side, recover on left.
- 3 & 4      Step right behind left, left in place, step slightly forward on right.
- 5 & 6      Run forward left, right, left.
- 7 & 8      Rock forward onto right, recover on left, 1/4 turn right stepping right to right side (3.00).

**[9 – 16] Cross Side Behind, Side Cross Side, Left Sailor 1/4 Turn Left, Right Step Lock Step.**

- 1 & 2      Cross left over right, right to right side, left behind right.
- 3 & 4      Right to right side, cross left over right, right to right side.
- 5 & 6      Left behind right making 1/4 turn left, right in place, left in place (12.00).
- 7 & 8      Step forward on right, lock left behind right, forward on right.

**[17 – 24] Side Touches, Side Together 1/4 Left Touch, Side Touches, Side Together Side.**

- 1&2&      Step left to left side, touch right beside left, right to right side, touch left beside right.
- 3&4&      Step left to left side, right beside left, 1/4 turn left on left, touch right beside left. (9.00).
- 5&6&      Step right to right side, touch left beside right, left to left side, touch right beside left.
- 7 & 8      Right to right side, left beside right, right to right side.

**[25 – 32] Rock Recover Side, Behind Side Cross, Side Rock Cross, 1/2 Turn Left.**

- 1 & 2      Rock left behind right, recover on right, left to left side.
- 3 & 4      Right behind left, left to left side, cross right over left.
- 5 & 6      Rock left to left side, recover on right, cross left over right.
- 7 – 8      Make 1/4 turn left stepping back on right, 1/4 turn left stepping left to left side. (3.00).

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