

# Throw Your Hands Up

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Jessie Riethmuller & Ryan Riethmuller (AUS) - May 2012  
音乐: Throw Your Hands Up (feat. Pitbull & Lucenzo) - Qwote



**START after 48 counts (after lyrics Lets Go, Lets Go)**

**[1-8] Rock, Pivot, Pivot, Hip R,L**

1,2,3,4      Rock R Back, replace weight fwd on L, Step R fwd half pivot, \*  
5,6,7,8      Step R fwd half pivot, Step R to Side, Push Hip R, Push Hip L\*\*

**[9-16] Vine R, Vine L**

1,2,3,4      Step R to side, Step L behind, Step R to Side, Jump (with clap)  
5,6,7,8      Step L to side, Step R behind, Step L to Side, Jump (with clap)

**[17-24] Rocking Chair x 2**

1,2,3,4      Rock R fwd, Replace weight back on L, Rock R Back, Replace Weight fwd on L \*\*\*  
5,6,7,8      Rock R fwd, Replace weight back on L, Rock R Back, Replace Weight fwd on L

**[25-32] Jazz box ¼ R, Rock, Walk Back**

1,2,3,4      Cross R over L, Step Back on L, ¼ turn stepping Right Forward, Step L beside R  
5,6,7,8      Rock R fwd, Replace weight back on L, Walk back R, L

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**[32]**

**"Optional" Styling (Pretty much a must if you really want to enjoy this dance)**

**\* On Pivot Turns, have hands over head in circular motion (helicopter arms)**

**\*\* Wave Hands Right, Left, when Pushing Hips Right, Left**

**\*\*\* On Rocking Chairs, swing arms fwd & back (opposite to the foot that's forward). Crouch down a little when rocking back.**

**ENJOY !**

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