Rat Race



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Audrey Watson (SCO) - May 2012

音乐: Rat Race - Dave Jorgenson



Intro: 36 counts

KICK KICK & CROSS POINT, JAZZ BOX CROSS

1-2&	Kick right forward twice, step down on right
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3-4 Cross left over right, point right side
5-6 Cross right over left, step left back
7-8 Step right side, cross left over right

GRAPEVINE 1/4 TURN BRUSH, 1/2 TURN, WALK, WALK

1-2	Step right side.	cross laft h	ahind riaht
1-2	Step Hull Side.	C1055 IEIL D	eriiria riarit

3-4 Turn ¼ right and step right forward, brush left forward

5-6 Step left forward, turn ½ right (weight to right)

7-8 Step left forward, step right forward

Can be replaced by full turn

KICK KICK & CROSS ROCK, GRAPEVINE 1/4 TURN BRUSH

1-2&	Kick left forward twice, step down on left
3-4	Cross right over left, recover left back
5-6	Step right side, cross left behind right

7-8 Turn ¼ right and step right forward, brush left forward

FORWARD ROCK, WEAVE BACK, ½ TURN, STEP BRUSH

1-2	Rock left forward, recover to right
3-4	Step left back, cross right over left

5-6 Step left back, turn ½ right and step right forward

7-8 Step left forward, brush right forward

ROCKING CHAIR, TURN 1/4 TOUCH, TOUCH OUT IN

1-2	Rock right forward, recover to left
3-4	Rock right back, recover to left

5-6 Turn ¼ left and step right side, touch left next right

7-8 Touch left side, touch left toe next right

SIDE HOLD, ½ HOLD, ½ HOLD, BACK ROCK

1-2	Step left side, hold
1-2	Step left Side, Hold

3-4	Turn ½ left and step right side, hold
5-6	Turn ½ right and step left side, hold
7-8	Rock right back, recover to left

MONTEREY 1/2 TURN TOUCH, GRAPEVINE 1/4 TURN, BRUSH

1-2	Touch right side,	turn 1/2 right and	step right next left

3-4 Touch left side, touch left next right5-6 Step left side, cross right behind left

7-8 Turn ¼ left and step left forward, brush right forward

1/2 TURN, WALK, WALK, 1/4 TURN TWICE

1-2 Step right forward, turn ½ left (weight to left)

3-4 Step right forward, step left forward

5-6 Step right forward, turn ¼ left (weight to left)
7-8 Step right forward, turn ¼ left (weight to left)

REPEAT

TAG: At the end of walls 1, 3, and 4 ROCKING CHAIR

1-2 Rock right forward, recover to left3-4 Rock right back, recover to left