Straight To Memphis

拍数: 48

级数: Contra Line

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音乐: Straight to Memphis - Club des Belugas

8 Count Intro.

Step Right, Touch, Step Left, Touch, Mambo Step Forward, Mambo Step Back.

- 1, 2 Step R to right side with optional shoulder shimmy. Touch L next to R.
- 3, 4 Step L to left side with optional shoulder shimmy. Touch R next to L.
- 5 & 6 Rock forward on R. Rock back on L. Step back on R.
- 7 & 8 Rock back on L. Rock forward on R. Step forward on L.

Right Shuffle Forward, Left Shuffle Forward, Step Pivot 1/2 Turn Left, Run Forward x 3.

- 1 & 2 Step forward on R. Step L next to R. Step forward on R.
- 3 & 4 Step forward on L. Step R next to L. Step forward on L.
- 5, 6 Step forward on R. Pivot 1/2 turn left.
- 7 & 8 Short run forward on R, L, R.

Step Left, Step Right, Swivel In Heels, Toes, Heels, Tap Right Toe To Right Side x 3, Step Left, Step, Right.

- 1, 2 Step on L out to left side. Step on R out to right side.
- 3 & 4 Swivel both heels in towards center. Swivel both toes in. Swivel both heels in.
- 5 & 6 Tap R toe to right side x 3 traveling to right side while keeping the weight on L.
- 7, 8 Step L to left side(swinging the arms left). Step R out to right side (swinging the arms right).

Heel Digs Left, Right, Left, Touch, Step Left, Touch, Step Right, Touch, Step Back, Heel Dig, Step, Touch.

- 1 & 2 & Dig L heel forward. Step L in place. Dig R heel forward. Step R in place.
- 3, 4 Dig L heel forward. Touch L toe next to R instep.
- 5 & Step L to left side. Touch R next to L & clap. (If facing a partner, clap there hands).
- 6 & Step R to right side. Touch L next to right & clap. (If facing a partner, clap there hands).
- 7 & 8 & Step back on L. Dig R heel forward. Step forward on R, Touch L back.

Step Back, Heel Dig, Step, Run x 3, Walk Around 1/2 Turn Over Left Shoulder x 4.

- 1 & 2 Step back on L. Dig R heel forward. Step forward on R.
- 3 & 4 Run forward on L, R, L.
- 5, 6, 7, 8 Walk around 1/2 turn over L shoulder on R, L, R, L making a semi circle shape.

(If dancing in contra lines, at this point everyone lines up into 1 line, shoulder to shoulder with your partner facing in the opposite direction).

Jazz Box, Cross Step, Side, Back, Cross Behind.

1, 2, 3, 4 Cross step R over L. Step back on L. Step R to right side. Step forward on L.

- This next section is done moving around your partner anti-clockwise but still facing your front wall!.
- 5, 6, 7 Cross step R over L. Step left on L. Big step back on R(Moving past your partner).
- 8 Cross step L behind R, (Starting to square up in front of your partner ready to start again).

Start Again! Have Fun!!!





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墙数:1