

This Is The Night

COPPER KNOB
STEPSHEETS

拍数: 132 墙数: 4 级数: Intermediate
编舞者: Christina Sivefjord (SWE) - June 2012
音乐: This Is the Night - Kurt Calleja : (Represented Malta in Eurovision Song Contest 2012)



A =52 counts, B=32 counts, C=16 counts D=20 counts E=12 counts

Starts on count 17

A = 52 counts

LONG STEP, CHASSÉ

- 1 - 4 Long step right to right, drag left next to right (weight on right)
- 5 & 6 Step left to left, put right next to left, step left to left side
- 7 - 8 Step left to left and drag right next to left (weight on left) (12.00)

LONG STEP, CHASSÉ

- 9 - 12 Long step right to right, drag left next to right (weight on right)
- 13&14 Step left to left, put right next to left, step left to left side
- 15 -16 Step left to left and drag right next to left (weight on left) (12.00)

TURN ¼ RIGHT, TURN ½ RIGHT, ROCK BACK, SHUFFLE BACK

- 17 -18 Step right to right and turn ¼ to right
- 19&20 Step left forward and turn ½ to right, right next to left, step left back
- 21 -22 Rock right back, recover to left
- 23&24 Step right forward, step left next to right, step right forward (09.00)

TOE STRUT, TURN AROUND BY POINTING OUT)

- 25 -26 Left toe strut forward
- 27 -28 Right toe strut forward
- 29 -32 Left forward turn ¼ right, left forward turn ¼ right, left forward turn ¼ right, left forward ¼ right. (Keep weight on right and just touch left toe when turning around (09.00)

CHASSÉ, WALK, SHUFFLE FORWARD, TURN ½ RIGHT

- 33&34 Left to left, right next to left, left to left
- 35 -36 Walk right back diagonally to left, walk left back diagonally to left
- 37&38 Right forward, left next to right, right forward
- 39 -40 Left forward and turn ½ to right, right back (06.00)

COSTER STEP BACK, CROSS- POINT, TURN ¼ LEFT, POINT HEEL

- 41&42 Left back, right next to left, left forward
- 43 - 44 Cross right over left, point left to left side
- 45 - 46 Cross left over right, point right to right side
- 47 - 48 Right forward and turn ¼ to left, bend right knee, turn to left diagonal, put left heel down and and left toe up (03.00)

POINT HEEL, SWAY

- 49 -50 Weight over to left, bend left knee, turn to right diagonal, put right heel down and right toe up
- 51 -52 Sway right, sway left (03.00)

B = 32 counts

KICK TWICE, COSTER STEP BACK

- 1 - 2 Kick right foot forward twice

- 3 & 4 Right back, left next to right, right forward
- 5 - 6 Kick left foot forward twice
- 7 & 8 Left back, right next to left, left forward (03.00)

TURN ¼ LEFT, CHASSÉ WITH A HOLD

- 9 -10 Right forward and turn ¼ to left, hold
- &11-12 Left next to right, right to right side, touch left next to right
- 13 -14 Left to left side, hold
- &15-16 Right next to left, left to left side, right touch next to left (12.00)

ROCK RECOVER, TURN, SUFFLE

- 17 -18 Rock right forward, recover to left
- 19&20 Step right back and turn ½ to right, step left next to right, step right forward
- 21 -22 Rock left forward, recover to right
- 21&24 Step left back and turn ½ to left, step right next to left, step left forward (12.00)

HEEL, HITCH, TURN

- 25 -28 Right cross over left, left step back, right next to left, left step forward
- 29 -30 Put right heel forward, hitch right foot in front of left leg
- 31 -32 Lift left heel and turn ¼ to left on left toe and put right heel forward, cross right foot in front of left leg (09.00)

C = 16 counts

RAISE ARM, STAMP TOE

- 1 - 4 Raise right arm in the air four times
- 5 - 8 Stamp left toe next to right four times with high knees. On the fourth time turn ½ to left (03.00)

STAMP TOE, SWIVEL

- 9 -12 Stamp right toe next to left four times with high knees
- 13 Put right heel down and lift right toe up and point it diagonally to right and at the same time step on left toe and point left heel diagonally to left
- 14 Switch to left heel and right toe and turn the feet opposite to step 13
- 15 Switch to right heel and left toe and turn like step 13
- 16 Switch to left heel and right toe and turn like step 14 (03.00)

D = 20 counts

KICK TWICE, COSTER STEP

- 1 – 2 Kick right foot forward twice
- 3 &4 Right back, left next to right, right forward
- 5 - 6 Kick left foot forward twice
- 7 &8 Left back, right next to left, left forward (03.00)

TURN AROUND AND POINT, SAILOR STEP

- 9 -14 Put arms out like flying and weight on left foot, Point right toe forward and turn ¼ left – six times (09.00)
- 15&16 Cross right behind left, step left to left side, step right to place (09.00)

SAILOR STEP, BEND KNEES

- 17&18 Cross left behind right, step right to right side, step left to place
- 19 -20 Bend knees with foot together and rise up (09.00)

E = 12 counts (wall 06.00)

CHASSÉ WITH A HOLD

- 1 - 2 Right to right side, hold
- &3 -4 Left next to right, right to right side, touch left next to right
- 5 - 6 Left to left side, hold

&7 -8 Right next to left, left to left side, touch right next to left (06.00)

ROCK, RECOVER

9 -10 Rock right forward, recover to left

11-12 Rock right back, recover to left (06.00)

The five different parts will come in this order in the dance:

A - B - C - D (09.00)

A - B - C - D (06.00)

E (06.00)

C - D - D (12.00)

C - D (12.00)

The dance will end at the last count of part D and will be facing wall 12.00
