

Timebomb

拍数: 64 墙数: 2 级数: Improver
编舞者: Mike Hitchen (UK) - June 2012
音乐: Timebomb - Kylie Minogue : (Single - iTunes)



16 count intro start on vocals

S1: Rock Step, Sailor ¼ Turn, Rock Step, Full Turn Left.

- 1-2 Rock forward on right, Recover weight to left.
- 3&4 Step right behind left, Step left ¼ turn right, Step right to side.
- 5-6 Rock forward on left, Recover weight to right.
- 7-8 ½ Turn left stepping forward on left, ½ Turn left stepping back on right.

S2: Chasse ¼ Turn Left, Back Rock ¼ Turn right, Right Shuffle, Shuffle ½ Turn Right.

- 1&2 Step left foot ¼ turn left, Step right together, Step left foot to side.
- 3-4 Rock back on right, Recover ¼ turn to the right on left.
- 5&6 Step right forward, Step left together, Step right forward.
- 7&8 Step left ¼ turn right, Step right together, Step left ¼ turn right.

S3: Coaster Step, Cross Side Sailor 1/4 Turn Left, Right Shuffle 1/2 Turn

- 1&2 Step right back, Step left together, Step right forward.
- 3-4 Cross left over right, Step right to side.
- 5&6 Step left behind right, Step right ¼ turn left, Step left to side.
- 7&8 Step right ¼ turn left, Step left together, Step right ¼ turn left.

S4: Left Shuffle 1/2 Turn, Rock Step, Right Shuffle back, Coaster Step

- 1&2 Step left a ¼ turn left, Step right together, Step left ¼ turn left.
- 3-4 Rock forward on right, Recover weight to left.
- 5&6 Step right back, Step left together, Step right back.
- 7&8 Step left back, step right together, Step left forward.

Restart Here – Wall 2

S5: Kick Ball Cross, Kick Ball Cross, Side Chasse, Back Rock.

- 1&2 Kick right forward, Step onto right, Cross left over right.
- 3&4 Kick right forward, Step onto right, Cross left over right.
- 5&6 Step right to side, Step left together, Step right to side.
- 7-8 Rock back on left, Recover to right.

S6: Kick Ball Cross, Kick Ball Cross, Side Chasse, Back Rock.

- 1&2 Kick left forward, Step onto left, Cross right over left.
- 3&4 Kick left forward, Step onto left, Cross right over left.
- 5&6 Step left to side, Step right together, Step left to side
- 7-8 Rock back on right, recover weight to left.

S7: Two ¼ Turns Left, Cross Shuffle Side Rock, Behind Side Cross.

- 1-2 Step right back ¼ turn left, Step left ¼ turn left to side.
- 3&4 Cross right over left, Step left to side, Cross right over left.
- 5-6 Rock left to side, Recover weight to right.
- 7&8 Step left behind right, Step right to side, Cross left over right.

S8: Rock Step, Shuffle ½ Turn Back, Rock Step, Coaster Step.

- 1-2 Rock forward on right, Recover weight to left.
- 3&4 Step right ¼ turn right, Step left together, Step right ¼ turn forward.

5-6 Rock forward on left, Recover weight to right.
7&8 Step left back, Step right together, Step left forward.

Happy Dancing

One Restart: wall 2 after 32 counts
