An Absolute Dream



拍数: 32 墙数: 4 级数: Absolute Beginner

编舞者: Joyce Plaskett (UK) - June 2012

音乐: Land of Dreams (with Los Lobos & Bebel Gilberto) - Rosanne Cash



Free download available from www.discoveramerica.com (16 count Intro' from where beat kicks in – 28 secs).

Section 1 – Step Forward, Toe Touch, (Step Back, Toe Touch) x2, Step Forward, Toe Touch.

1-2	Step forward on right (towards right diagonal), touch left toe beside right.
3-4	Step back on left (towards left diagonal), touch right toe beside left.
5-6	Step back on right (towards right diagonal), touch left toe beside right.

7-8 Step forward on left (towards left diagonal), touch right toe beside left. (12 o'clock)

Section 2 – Right Vine, Toe Touch, Left Vine With 1/4 Turn Left, Scuff.

1-2	Step right to right side, cross left behind right.
3-4	Step right to right side, touch left toe beside right.
5-6	Step left to left side, cross right behind left.

7-8 Make a quarter turn left, scuff right forward. (9 o'clock)

Section 3 – Toe Struts, Rocking Chair.

1-2	Touch right toe forward, drop right heel (taking weight).
3-4	Touch left toe forward, drop left heel (taking weight).
5-6	Rock forward on right, recover weight on left.
7-8	Rock back on right, recover weight on left. (9 o'clock)

Section 4 – Rumba Box.

1-2	Sten right to	riaht side	close lef	t beside right.
1-4	OLED HUHL LU	Halle Side.		

3-4 Step back on right, hold.

5-6 Step left to left side, close rght beside left.7-8 Step forward on left, hold. (9 o'clock)

Begin Again & Enjoy!

Contact: joyce.plaskett1@btinternet.com