

# Slam

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - May 2012  
音乐: Slam - Anna Abreu



Start after 32 count intro on verse vocals [120bpm – 3mins]

**[1-8] R extended side shuffle, L touch together,  $\frac{3}{4}$  L turn, L coaster**

1&2&      Step R side, step L together, step R side, step L together  
3-4      Step R side, touch L together  
5-6      Turning  $\frac{1}{4}$  left step L forward, turning  $\frac{1}{2}$  left step R back (3 o'clock)  
7&8      Step L back, step R together, step L forward

**RESTARTS: DURING WALLS 4 (starting on L wall, 9 o'clock) & 9 (starting on front wall 12 o'clock) after 1st 8 count begin the dance again.**

**[9-16] R fwd, L side point, L cross step, R & L back, R touch back &  $\frac{1}{2}$  R unwind, L fwd,  $\frac{1}{4}$  R pivot, L fwd**

1-2      Step R forward, point L side  
3&4      Cross step L over R, step R back, step L back  
5-6      Touch R toes back, unwind  $\frac{1}{2}$  right with weight ending on R (9 o'clock)  
7&8      Step L forward, pivot  $\frac{1}{4}$  right, step L forward (12 o'clock)

**[17-24] R fwd (slam), hold, L fwd press/recover, L coaster, R fwd,  $\frac{1}{2}$  L pivot turn**

1-2      Step R forward (slam), hold  
3-4      Press L forward, recover weight on R (hitch up L knee as you recover to make it look funkier)  
5&6      Step L back, step R together, step L forward  
7-8      Step R forward, pivot  $\frac{1}{2}$  left (6 o'clock)

**[25-32] R fwd, L heel fwd, L back, R back flick, R fwd shuffle, L fwd rock/recover turning  $\frac{1}{4}$  L, L full turning on the spot triple**

&1      Step R forward, touch L heel forward  
&2      Step L back, flick R back  
3&4      Step R forward, step L together, step R forward  
5-6      Rock L forward, recover weight on R turning  $\frac{1}{4}$  left (3 o'clock)  
7&8      Turn a full turn left on the spot L/R/L

**Non-turning option 7&8: step in place L/R/L**

**Slam Chorus Option:**

**Step option to hit the 'slams' in the chorus lyrics: It happens 3 TIMES. On the back wall on the first 2 rotations (walls 3 & 7) and the R side wall on the 3rd rotation (wall 10), change the 1st steps to:**

1-2&      Big step R side, hold, step L together  
3-4      Step R side, touch L together

**Carry on with the rest of dance as written.**

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