

Only When You're Lonely

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: John Warnars (NL) - June 2012
音乐: Only When You're Lonely - Craig Moritz : (CD: Only When You're Lonely)



Intro 4 counts, dance started on the word "LONELY".

(01-08) R SIDE SHUFFLE, CROSS ROCK BACK, RECOVER, ¼ TURN R, ½ TURN R, ¼ TURN R SIDE SHUFFLE;

- 1 RF step to right side
- & LF close next RF
- 2 RF step to right side
- 3 LF cross rock behind RF
- 4 RF rock back on RF
- 5 LF step with ¼ turn right backwards (3)
- 6 RF step with ½ turn right forwards (9)
- 7 LF step with ¼ turn right to left side (12)
- & RF close next LF
- 8 LF step to left side

(09-16) CROSS ROCK BACK, RECOVER, R KICK BALL CROSS, ½ MONTERY TURN R;

- 1 RF cross rock behind LF
- 2 LF rock back on LF
- 3 RF kick diagonal right forwards
- & RF step next LF
- 4 LF step across over RF
- 5 RF tap with toes to right side
- 6 LF on ball of LF, make a ½ turn right (6) and RF close next LF
- 7 LF tap with toes to left side
- 8 LF tap with toes next RF

(17-24) L SIDE SHUFFLE, CROSS ROCK BACK, RECOVER, ¼ TURN L, ½ TURN L, ¼ TURN L SIDE SHUFFLE;

- 1 LF step to left side
- & RF close next LF
- 2 LF step to left side
- 3 RF cross rock behind LF
- 4 LF rock back on LF
- 5 RF step with ¼ turn left backwards (3)
- 6 LF step with ½ turn left forwards (9)
- 7 RF step with ¼ turn left to right side (6)
- & LF close next RF
- 8 RF step to right side

(25-32) CROSS ROCK, RECOVER, SIDE SHUFFLE ¼ TURN L, FULL TURN L, R KICK BALL CROSS;

- 1 LF rock across over RF
- 2 RF rock back on RF
- 3 LF step to left side
- & RF close next LF
- 4 LF step with ¼ turn left forwards (3)
- 5 RF step with ½ turn left backwards (9)
- 6 LF step with ½ turn left forwards (3)

(easy option; 2 walks forwards, RF, LF)

7 RF kick diagonal right forwards

& RF step next LF

8 LF step across over RF

1 RF Start again (step to right side)

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