Ponderosa



拍数: 32 墙数: 4 级数: Advanced Beginner

编舞者: William Sevone (UK) - July 2012

音乐: Bonanza Ska - Carlos Malcolm & His Afro-Jamaican Rhythms: (Album: One

Step Beyond)



Choreographers note:- The famous 'Bonanza' tv theme with a 'Lone Ranger' twist ...a'la Ska This dance contains the 'Mule Kick' option..

Dance starts on the THIRD count after the second Horse 'Neigh'

2x Toe Turn-Centre. 1x Double Toe Split. Centre. Shuffle (12:00).

At the start of the dance Counts 1-3-5 coincide with the three 'bangs'

- 1 2 ('bang 1') on heel Turn right toe and upper body to right side. Return to centre.
- 3 4 ('bang 2') on heel Turn left toe and upper body to left side. Return to centre.
- 5 6 ('bang 3') both heels Turn both toes outward. Return to centre.
- 7& 8 Shuffle forward stepping: L-R-L.

Dance note: Counts 1 to 6: Place toe down to floor at end of each count

Fun Style: Start of dance only - Counts 1,3,5: use fingers as 'pretend' guns. Counts 2,4,6: 'blow the barrel' 1-fire to right. 3-fire to left. 5-fire both right & left.

Fwd. 1/2 Pivot. Fwd. 1/2 Sweep. Sailor. Hook n Slap. Together (12:00).

9 - 10	Step forward onto right. Pivot 1/2	left (weight on left foot) (6).

- 11 12 Step forward onto right. Turn ½ left sweeping left foot (keep off floor) (12).
- 13& 14 Step left behind right, step right next to left, step left to left side.
- 15 16 Hooking right foot behind left leg slap foot with left hand. Step right next to left.

RESTART Walls 4 and 7: Restart the dance from Count 1

2x Chasse-Rock-Recover (12:00).

17& 18	Chasse left stepping: L.R-L.
1/00/10	CHASSE IEH SIEDDING, L.IX-L.

- 19 20 Rock right over left. Recover onto left.
- 21& 22 Chasse right stepping: R.L-R.
- 23 24 Rock left over right. Recover onto right

Side-Slap. Slap. Jump Fwd-Step Back or 'Mule Kick'. 2x 1/8 Side Rocks. Together (3:00).

25 - 26	Stepping left next to right - slap left butt with left hand. Slap right butt with right hand.
20-20	Otepping left field to right - Slap left butt with left fland. Olap right butt with right fland.

- 27& 28 Jump forward Right & Left. Step backward onto right.
- 29 30 Rock left to left side. Turn 1/8th right & rock onto right.
- 31 32 Turn 1/8th right & rock to the left. Step right foot next to left prepare to raise toe (count 1)

Mule Kick Replace Counts 27&28 with the harder Mule Kick option:

27& 28 (27) jumping upward & kicking feet backward - slap left foot with left hand, (&) whilst placing

left foot to floor – slap right foot with right hand. (28) step right down next to left (weight even).

Dance Tip: As you jump upwards on count 27, start to raise left foot quicker than the right.

DANCE FINISH: The dance 'Finale' will start on Count 16 of the 11th wall (facing '6:00').

This is a purely fun/silly ending to finish the dance facing the 'home wall'

Straight faces please.... Think of a Galloping Horse as you do this.. Moving in an left arc

1& 2 (lifting knees slightly) Step to left, step right next to left-lifting left slightly, touch left next to

right (4.30)

3& 4 (lifting knees slightly) Step to left, step right next to left-lifting left slightly, touch left next to

right (1.30)

5& 6 (lifting knees slightly) Step to left, step right next to left-lifting left slightly, touch left next to

right (12.00)

You should now be facing the home wall... you will hear the Horse 'Neigh' again...

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