Oh My Days!



拍数: 64 墙数: 2 级数: Intermediate

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音乐: Love Me (feat. Travie McCoy) - Stooshe: (iTunes)



Count in: 32 counts

S1: Tap. Side. Sailor. Tap. Side. Sailor. Side. Side.

1-2 Tap right beside left. Step right to right side.3& Cross step left behind right. Step right to right.

4-5 Tap left to left. Step left down.

Cross step right behind left. Step left to left side.Step right to right side. Step left to left side.

S2: Rock recover. ¼ rock recover. ¼ rock back recover. Shuffle ½ turn.

1-2 Rock forward right. Recover left.

3-4 Make ¼ right as you rock right to right side. Recover left.
5-6 Make ¼ right as you rock back on right. Recover on left.

7&8 shuffle ½ turn left – stepping R-L-R

S3: Back. Sweep. Coaster step. Toe strut. Ball. Walk x2

1-2 Step back left. Sweep right from front to back3&4 Step back right. Step back left. Step forward right.

5-6 Touch left toes forward. Drop left heel as you raise right heel. (Weight left)

&7-8 step right beside left. Walk forward left. Walk forward right.

S4: Grind/ rock recover. Step. grind/rock recover step. ¼ grind recover. Step. Cross. side.

1-2& Dig left heel forward as you rock onto left with toes to right diagonal. Recover on right as left

toes point to left diagonal. Step left beside right.

3-4& Dig right heel forward as you rock onto right with toes to left diagonal. Recover on left as right

toes point to right diagonal. Step right beside left.

5-6& Dig left heel forward as you rock onto left with toes to right diagonal. Recover on right making

a ¼ left as left toes point to left diagonal. Step left beside right.

7-8 Cross step right over left, step left to left side.

S5: Cross. Rock recover cross. Point. ½ rock recover cross. point

1 Cross step right over left.

2&3 Rock left to left. Recover on right. Cross step left over right.

4-5 Point right to right side. Make ½ right on the ball of left stepping right beside left.

6&7 Rock left to left. Recover on right. Cross step left over right.

8 point right to right side.

** 1st Restart point wall 2** see below

S6: Hitch. Point. Hitch step point. ¼ .back. back. Forward.

1-2 Hitch right knee across left. Point right to right side

3&4 Hitch right knee across left. Step right beside left. Point left to left side.
5-6 Make ¼ left keeping weight on right & left touched forward. Step back left

7-8 Step back right. Step forward left.

2nd Restart point - wall 5

S7: Cross rock recover. Chasse. Back rock recover. Chasse 1/4.

1-2 Cross rock right over left. recover on left.

^{**} Bridge / Restart 3 – FREEZE! For 4 counts & resume the dance from count 33**

| 7&8 | Chasse ¼ right stepping L-R-L |
|--|---|
| S8: Back. Sweep. Back. Sweep. Sailor ¼ cross. Touch. Bump. | |
| 1-2 | Step back right. Sweep left from front to back. |
| 3-4 | Step back left. sweep right from front to back. |
| 5&6 | cross right behind left making ¼ right. Step left to left side. Cross step right over left. |

Touch left to left side. Bump hips to left dropping weight onto left.

Step right to right side. Step left beside right. Step right to right side.

Tag / Restart – wall 2 – dance up to counts 48 & do the following. Cross. Rock recover cross. Point. ½ rock recover cross. point

Rock back on left. Recover on right

1 Cross step right over left.

3&4

5-6

7-8

2&3 Rock left to left. Recover on right. Cross step left over right.

4-5 Point right to right side. Make ½ right on the ball of left stepping right beside left.

Rock left to left. Recover on right. Make ¼ right stepping left forward. .

8 Touch right beside left.

Restart the dance again from the front wall.