

Sounds Like a Party

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: EZ High Beginner
编舞者: Earleen Wolford (USA) - July 2012
音乐: Sounds Like A Party - Shawna Russell : (iTunes)



Restart on 5th wall. Other music: 'Chasing the Sun' by The Wanted (no restarts), available on iTunes
Pattern: 32, 32, 32, 32, 28 (drop off last 4 counts/29-32), restart from the top, 32's till song ends! EZ dance and so cool!!

VINE R, TOUCH/POP, TURN ¼ L WALK FORWARD L,R,L, POINT R OUT TO R

- 1-4 Step R to R (1), Step L behind R (2), Step R to R (3), Touch L next R, at same time pop L knee next to R (4) (12:00)
5-8 Turn ¼ L, stepping forward on L (5), Step R forward (6), Step L forward (7), Point R out to R (8) (9:00)

JAZZ BOX WITH ¼ TURN R, ROCKING CHAIR R FORWARD AND BACK

- 9-12 Cross R over L (9), Step small back on L (10), Turn ¼ R, stepping R forward (11), Step slightly forward on L (12:00)
13-16 Rock R forward (13), Recover on L (14), Rock R back (15), Recover on L (16) (12:00)

TWO ¼ TURNS L, 2 R KICK BALL FORWARD STEPS/TRAVELING FORWARD

- 17-20 Step R forward (17), Turn ¼ L on L (18), Step R forward (19), Turn ¼ L on L (20)

Optional: you can do hip rolls as you turn L

- 21&22 Low Kick R forward (21), Step ball of R next to L (&), Step L forward (22)
23&24 Repeat 21&22 (6:00)

Note: On counts 21-24, these are traveling kick ball forward steps, but beginners can just do a regular kick back change

STEP R FORWARD, TOUCH, STEP L BACK WITH ¼ TURN L, TOUCH, BUMP R HIP R 2X'S, BUMP L HIP L 2X'S WITH R KNEE HITCH

- 25-28 Step R forward (25), Touch L next to R (26), Step L ¼ Turn to L (27), Touch R next to L (28) (6:00)

RESTART: You won't do the hip bumps, You will be on the 5th wall facing 9:00, start the dance from the top !

- 29&30 Bump R hip to R 2X's
31&32 Bump L hip to L 2X's (L takes weight) (3:00)

Optional: on the 2nd hip bump to the L, hitch your R knee at the same time (L takes weight)

Begin again!

Enjoy my dance & just have FUN doing it to this great song with Shawna! "GottaDance"!!
And please feel free to use any other music to do my dance, country or non country will work!

Contact:-

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