

Dear Lonely Heart

COPPER KNOB
STEPPERS

拍数: 48 墙数: 1 级数: Intermediate
编舞者: William Sevone (UK) - April 2012
音乐: Qi Shi Ni Bu Dong Wo De Xin (其實你不懂我的心) - Wang Mei Hui : (Album: The Best Of Ballroom Part 8/18)



Recommended Alternative:- "Qi Shi Ni Bu Dong Wo De Xin" (96 bpm)... Angus Tung

My thanks to Nina Chen (Taiwan) for the suggestion, adaptation and video using the music by Angus Tung

**Alternatives:- "Qi Shi Ni Bu Dong Wo De Xin" (84 bpm)... Gao Sheng Mei
"Qi Shi Ni Bu Dong Wo De Xin" (93 bpm)... Ye Qian Wen (Sally Yeh) (Greatest Hits)**

**Dance Sequence:- 48 – 45 – 48 – 24 – Bridge - 24 – 24 – Bridge – 18
Dance Sequence:- ANGUS TUNG version only - 48 – 45 – 48 – 24 – Bridge - 24 – 24 – 15**

**Choreographers note:- If using the version by Sally Yeh, refer to the note under 'Dance Finish'
Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.
Dance starts on the vocals.**

2x Cross-Side-Together. Cross. Side. 1/2 Side (6:00)

1-2-3 Cross right over left. Step left to left side. Step right next to left heel.
4-5-6 Cross left over right. Step right to right side. Step left next to right heel.
7-8-9 Cross right over left. Step left to left side. Turn ½ right & step right to right side (6).

Style Note □ Counts 3 and 6 turn body inward.

1/2 Sway. Recover. Cross. Side 1/2 Side. Diag. 7/8 Fwd. 1/2 Back. Step (12:00)

10-11-12 Turn ½ right & sway onto left (12). Recover on right. Cross left over right.
13-14-15 Step right to right side. Turn ½ left & step left to left side (6). Step right diagonally forward left (4.30).
16-17-18 Turn 7/8th left & step forward onto left (6). Turn ½ left & step backward onto right (12). Touch left backward.

2x Cross-Back-Diagonal. Rock. Recover. Step (12:00)

19-20-21 Cross left over right. Step back onto right. Step left diagonally forward left.
22-23-24 Cross right over left. Step back onto left. Step right diagonally forward right.

BRIDGE □ Wall 4 and 5 :- Repeat Counts 19-24 (6 counts) then continue with dance from Count 25

25-26-27 Rock forward onto left. Recover onto right. Step onto left.

1/4 Side-3/4 Sweep-Back-Together-Forward or Easier Option (12:00)

28-29-30 Turn ¼ left & step right to right side (9). Sweep left over 2 counts ¾ left - keeping foot off floor (12).
31-32-33 Step back onto left. Step right next to left. Step forward onto left.
34-35-36 Turn ¼ left & step right to right side (9). Sweep left over 2 counts ¾ left - keeping foot off floor (12).
37-38-39 Step back onto left. Step right next to left. Step forward onto left.

Option □ □ An easier option for Counts 28-29-30 and 34-35-36

“Step forward onto right. Swing left forward and sweep in arc from front to back (2 counts)”

Fwd. Together. Fwd. Rock. Recover. Back. Side Rock. Recover. Touch (12:00)

40-41-42 Step forward onto right. Step left next to right. Step forward onto right.
43-44-45 Rock forward onto left. Recover on right. Step backward onto left.

SHORT WALL □ Wall 2:- Restart the dance from Count 1 at this point.

46-47-48 Rock/Sway right to right side. Recover onto left. Touch right 'shoulder width apart' from left.

Dance Finish □5th Wall:-The dance will end on Count 42 or Count 36 when using the Sally Yeh version.

Last Update - 6th May 2014
