

2-4-6-8 Motorway

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Lizzie Clarke (SCO) - June 2012
音乐: 2-4-6-8 Motorway - Tom Robinson Band : (Album: That Was The 70's)



Choreographer's note: Dedicated to all the folks who spend time on the UK Motorways.
48 count intro.

Section 1: L eft Heel Strut, Forward Rock, Right Toe Strut, Back Rock

- 1 – 2 Touch left heel forward. Drop toe taking weight.
- 3 – 4 Rock forward on right. Recover back onto left.
- 5 – 6 Touch right toe back. Drop heel taking weigh.
- 7 – 8 Rock back on left. Recover forward onto right.

Section 2: Cross, Side, Behind, 1/4 Turn Right, Step 1/4 Turn, Left Cross Shuffle

- 1 – 2 Cross left over right. Step right to right side.
- 3 – 4 Cross left behind right. Step right 1/4 turn right.
- 5 – 6 Step forward left. Pivot 1/4 turn right.
- 7 & 8 Cross left over right. Step right to right side. Cross left over right.

Section 3: Right Kick Ball Cross, Side, Touch, Left Kick Ball Cross, 1/4 Turn Left, Forward

- 1 & 2 Kick right to right diagonal. Step right to place. Cross left over right.
- 3 – 4 Step right to right side. Touch left beside right.
- 5 – 6 Kick left to left diagonal. Step left to place. Cross right over left.
- 7 – 8 Step left 1/4 turn left. Step forward right.

Section 4: Forward Rock, 1/4 Turn Left, Step Forward, Heel Bounce 1/2 Turn Left, Step

- 1 – 2 Rock forward on left. Recover back onto right.
- 3 – 4 Step left 1/4 turn left. Step forward right.
- 5 – 7 With weight on both feet, bounce heels three times to complete 1/2 turn left.
- 8 Step forward right.