His Only Need



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Ria Vos (NL) - August 2012

音乐: She Is His Only Need - Wynonna: (Album: The Collection or The Ultimate

Sentimental Hits Vol.1 - re-recorded version)



Intro: 16 Counts

Basic R	t, Side L	, R Behind	, ¼ L, ˈ	1/4 L Basic R	l, ¼ R	, ½ R,	L Ste	p Pivot ½ R	, L Ste	p Fwd with Sweep
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1-2& Step R Long Step to Right Side, Rock Back on L, Recover on R

3-4& Step L to Left Side, Step R Behind L, ¼ Turn Left Step Fwd on L (9:00)

5-6& 1/4 Turn Left Step R Long Step to Right Side, Rock Back on L, Recover on R (6:00)

7& ¼ Turn Right Step Back on L, ½ Turn Right Step Fwd on R (3:00)

8& Step Fwd on L, Pivot ½ Turn Right (9:00)

1 Step Fwd on L Sweeping R from Back to Front

R Cross, L Side Rock, L Behind, R Side Rock, R Behind with Sweep, L Behind, ¼ R, L Step, Full Turn R, L Back, R Back

2&3 Cross R Over L, Rock L to Left Side, Recover on R
&4& Step L Behind R, Rock R to Right Side, Recover on L
Step R Behind L Sweeping L from Front to Back

6&7 Step L Behind R, ¼ Turn Right Step Fwd on R, Step Fwd on L (12:00)

8&1 Pivot ½ Turn Right, Turn Another ½ Turn Right Step Back on L, Step Back on R

L Back, R Together, L Cross Rock, L Side, R Touch, R Side Rock (Lunge), Spin Full Turn L, R Side, L Behind, R Side, L Cross

2& Step Back on L, Step R Next to L3& Cross Rock L Over R, Recover on R

4& Step L to Left Side, Touch R Next to L *** Restart Point wall 4

5-6 Lunge R to Right Side, Push off on R and Spin Full Turn Left on L (slightly hitch R)

(Non-turning option count 6: Hitch R Across L)

7 Step R to Right Side

8&1 Step L Behind R, Step R to Right Side, Cross Rock L Over R

Recover, Weave L, R Cross Rock, ½ R, Diagonal Step Fwd, Full Turn L (on diagonal)

2&3 Recover on R, Step L to Left Side, Cross R Over L
 &4& Step L to Left Side, Step R Behind L, Step L to Left Side

5-6 Cross Rock R Over L, Recover on L

½ Turn Right Step Fwd on R Diagonal, Step Fwd on L to R Diagonal (4:30) **
½ Turn Left Step Back on R, ½ Turn Left Step Fwd on L to R Diagonal (4:30) **

** Easy option counts &7-8&:

&7 Step R Back to R Diagonal, Step L Back to R Diagonal
8& Step R Back to R Diagonal, ½ Turn Left step Fwd on L (4:30)

[1] Turn another 1/8 Turn Left to face the next wall and start again with count 1

Restart: After count 20& on wall 4 (9:00)

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