

# Sabado Senior

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 1      级数: Beginner - Samba style  
编舞者: Tony Wilson (USA) - August 2012  
音乐: Sabado - Jody Bernal



**\*\* For the Delaware Diamond Dancers \*\***

**Start on vocals - The dance is adapted from my SABADO 4 wall line dance**

## **SNAKE ROLLS R&L, SIDE TOG. SIDE TOUCH**

- 1            Step R to right...arms above head hands with palms together up to right L hip to left L shoulder up
- &2          Arms above head hands together to left R hip to right R shoulder up,...shift weight to L
- &3          Arms above head hands together to right L hip to left L shoulder up,...shift weight to R
- &4          Arms above head hands together to left R hip to right R shoulder up,...shift weight to L
- &          Drop hands to chest level
- 5            Step R to right...L shoulder up L hip to left
- 6            Step L next to R...R shoulder up R hip to right,
- 7            Step R to right...L shoulder up L hip to left
- 8            Touch L next to R...R shoulder up R hip to right

**Counts 1-4... Hands, arms and body moving like a snake**

## **SIDE TOG. SIDE TOUCH, 1/2 TURN 1/2 TURN LEFT**

- 9            Step L to left...R shoulder up R hip to right
- 10          Step R next to L...L shoulder up L hip to left
- 11          Step L to left...R shoulder up R hip to right
- 12          Touch R next to L...L shoulder up L hip to left
- 13-14      Pivot 1/2 left...R hip out as you turn
- 15-16      Pivot 1/2 left...R hip out as you turn

**Counts 1-16...Latin hips!**

- 5-16        option...Hands lightly clenched, rolling at chest level

## **SAMBA STEPS R &L, CROSS SHUFFLE RLR SIDE SWAY**

- 17&18      Cross R over L, recover on L, step R next to L
- 19&20      Cross L over R, recover on R, step L next to R
- 21&22      Cross R over L, step L slightly left, cross R over L
- 23-24      Step L to side L hip to left, step R to side R hip to right

## **SAMBA STEPS L&R, CROSS SHUFFLE LRL SIDE SWAY**

- 25&26      Cross L over R, recover on R, step L next to R
- 27&28      Cross R over L, recover on L, step R next to L
- 29&30      Cross L over R, step R slightly right, cross L over R
- 31-32      Step R to right R hip to right, step L to left L hip to left

**Start again**

**The dance ends on count 1 as you step R to right**

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