How You Doin'?

拍数: 32

级数: Intermediate

编舞者: Jan Clifford - August 2012

音乐: Ain't Leavin' Without You - Jaheim

墙数: 2

(32 count intro, begin on vocals) [1-8] Side, Behind-Side-Cross, Side Rock, Recover, Behind-Side-Cross & Cross 1.2&3 big step R to side, step L behind R, step R to right, cross L over R 4,5 rock to R (sway hips R), recover L (sway hips L) 6& step R behind L, ball step L to left 7&8 cross R in front of L, ball step L to left, cross R in front of L (12:00) [9-17] Step, Touch, Step, Touch, Left Forward Mambo, Right Coaster Step & Step 1,2 1/4 turn right step back L, touch R next to L (3:00) 3,4 1/4 turn right step R to side, touch L next to R (6:00) 5&6 rock forward L, recover R, step L next to R 7&8&1 step back R, step L next to R, step forward R (upper body angled toward 7:30), ball step L forward, step forward R (body still angled toward 7:30) [18-24] Point, Cross, Point, Right Sailor Step, Left Sailor Step (squaring body to 6:00) point L to left, step L across R, point R to right 2.3.4 5&6 step R behind L, step L to side, step R slightly forward 7&8 step L behind R, step R to side, step L slightly forward (6:00) [25-32] Rock Back, Recover, Triple W 1/4 Turn, Step 1/2 Turn, 1/4 Step Touch 1.2 rock R behind L, recover weight onto L step R to right, step L next to R, 1/4 turn right step forward R (9:00) 3&4 5,6 step forward L, 1/2 turn R (3:00) 7.8 1/4 turn right stepping L to left side, touch R next to L (6:00) TAG: Perform Tag Once After Wall 2, Twice After Wall 4 (Each Time Facing 12:00) [1-8] Side Rock, Recover, Behind Side Cross, Side Rock, Recover, Behind Side Cross 1,2 rock R to right, recover L 3&4 step R behind L, step L to left, cross R over L 5,6 rock L to left, recover R 7&8 step L behind R, step R to right, cross L over R [1-8] Forward Rock, Recover, Triple 1/2 Turn, Forward Rock, Recover, Triple 1/2 Turn 1,2 rock forward R, recover L 3&4 1/4 turn right step R to side, step L next to R, 1/4 turn right step forward R 5.6 rock forward L, recover R 7&8 1/4 turn left step L to side, step R next to L, 1/4 turn L step forward L Enjoy! Contact: janc lindar@hotmail.com

