La One Step (P)

级数: Beginner Partner

编舞者: Unknown - August 2012

音乐: She's Got The Rhythm - Alan Jackson

Alt. music:-Young Love by Twister Alley Jesse James by Cher

拍数: 6

Start: On vocals Position: Basic two-step position and hands, Slightly Open, Man facing diagonal OLOD and slight LOD, Lady facing Diagonal ILOD, slightly LOD. Footwork is opposite

- 1-2 MAN: Step diagonal back to ILOD/RLOD on left, rock forward
- 1-2 LADY on right : Step diagonal forward to ILOD/RLOD on right, rock back

** Lady turns toward Man and steps right slightly past outside of Man's right foot

- 3-4 MAN: Step left down LOD beginning turn towards RLOD, cross
- 3-4 LADY step right in back of left to end facing RLOD : Step right down LOD beginning turn towards LOD, cross

** Lady turns toward Man, steps left slightly past outside of Mans left foot

- 5-6 MAN: Step left down LOD beginning turn towards OLOD, rock back on right towards RLOD finishing turn to face
- 5-6 LADY OLOD/LOD : Step right down LOD beginning turn towards ILOD, rock forward on left towards RLOD finishing turn to face ILOD/LOD

REPEAT





墙数:0