

Titanium

拍数: 96 墙数: 2 级数: Phrased Intermediate
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音乐: Titanium (feat. Sia) - David Guetta : (CD: Nothing But The Beat - iTunes)



Count in: 32 counts - Sequence is AAB AAB A (Restart after 32 counts) AB

Section A - 64 counts

A1 [1-8] Side, Drag, Behind ¼, ¼, Sweep, Behind Side Cross

1,2 Big step R to right side, Drag L leaving L extended
3&4 Cross L behind R, ¼ turn R stepping R forward, ¼ turn right stepping L to left side (6.00)
5,6 Step R close behind L and sweep L round from front to back in 2 counts
7&8 Step L behind R, step R to right side, cross L over R

A2 [9-16] ¼ turn right into 2 full turns, Rock step, Coaster step

1,2 ¼ turn right stepping forward on R, ½ turn right stepping back on L
3,4 ½ turn right stepping forward on R, ½ right stepping back on L
5,6 Continue another ½ turn R rocking forward on R, recover back on L (9.00)
7&8 Step R back, step L next to R, step R forward

A3 [17-24] Side, Drag, Behind Side Cross, Back ¼ Side, Forward, Forward

1,2 Big step L to left side, drag R leaving R extended
3&4 Step R behind L, step L to left side, cross R over L
5-6-7-8 Step L back, ¼ turn right stepping R to right side, step L forward, step R forward (12.00)

A4 [25-32] Shuffle forward, Shuffle forward, ½, ½, Shuffle forward

1&2 Step L forward, step R next to L, step L forward
3&4 Step R forward, step L next to R, step R forward
5,6 ½ turn R stepping back on L, ½ R stepping forward on R
7&8 Step L forward, step R next to L, step L forward

A5 [33-40] ¼ Turn into Samba Cross x 4 moving forward

1&2 ¼ turn R crossing R over L, step L slightly to left side, step together R (3.00)
3&4 Cross L over R, step R slightly to right side, step together L
5&6 Cross R over L, step L slightly to left side, step together R
7&8 Cross L over R, step R slightly to right side, step together L

Note: body angles from diagonal right to diagonal left on counts 2,4,6 and 8.

A6 [41-48] Jazz Box ¼ Turn, Forward, Sweep, Forward, Sweep

1-2-3-4 Cross R over L, ¼ turn R stepping back on L, step R to right side, step L forward (6.00)
5-6 Step forward on R whilst sweeping L round from back to front over 2 counts
7-8 Step forward on L whilst sweeping R round from back to front over 2 counts

A7 [49-56] Cross Rock, Side Shuffle, Cross Rock, Side Shuffle ½ turn

1,2 Rock R across L, recover onto L
3&4 Step R to right side, step L next to R, step R to right side
5,6 Rock L across R, recover onto R
7&8 ¼ turn left stepping L forward, step R next to L, ¼ turn left crossing L over R (12.00)

A8 [57-64] ¼ Turn into Body Roll, Ball-Side, Body Roll, Ball ¼ Turn, Step ¼ Turn, Cross

1,2 Touch R to right side angling body towards 10.00 and beginning body roll from shoulders to hips
&3-4 Step L next to R (&), Repeat movements in counts 1-2

&5 Step L next to R straightening up to 12.00, ¼ turn right stepping R forward (3.00)
6,7,8 Step L forward, ¼ turn right onto R, cross L over R (6.00)

Section B - 32 counts (starts facing 12.00)

B1 [1-8] Side, Touch, ¼ Side, Touch, Coaster Step, Kick Hook Step

1,2 Step R to right side, touch L next to R
3,4 ¼ turn right stepping L to left side, touch R next to L (3.00)
5&6 Step R back, step L next to R, step R forward
7&8 Kick L forward, hook L across R ankle, step L forward

B2 [9-16] Modified Dorothy Steps x 2, ½, Close, Hitch and Point

1&2 Lock R behind L, step L forward, step R forward and slightly to R diagonal
3&4 Lock L behind R, step R forward, step L forward
5,6 ½ turn right onto R, close L next to R (9.00)
7&8 Hitch R knee, close R next to L, point L to left side

B3 [17-24] Switch Point, Twist-Bend, Full Turn, Touch, Twist-Bend, Full Turn

&1-2 Close L next to R (&), point R to right side (1), bend and twist knees towards left
(weight is mostly on the left), preparing upper body for a turn right
3,4 ¼ turn right stepping forward onto R, ¾ turn right stepping L next to R (9.00)
5,6 Step R to right side (5), bend and twist knees towards the left
(weight is mostly on the left), preparing upper body for turn right
7,8 ¼ turn right stepping forward onto R, ¾ turn right stepping L next to R. (9.00)

Note: You are facing the 9.00 wall: the turns travel sideways towards 12.00

B4 [25-32] Scissor step, Cross, ¼, ½, Rock Step, Coaster Step

1&2 Step R to right side, close L next to R, step R across L
3,4 ¼ turn right stepping back on L, ½ right stepping forward on R (6.00)
5,6 Rock L forward, recover back on R
7&8 Step L back, step R next to L, step L forward

Sequence is: AAB, AAB, A Restarting after 32 counts, A B
