It's A Beautiful Day



编舞者: Monika Mickein (DE) - August 2012 音乐: Beautiful Sunday - Die Schneebrüder



Intro: 16 counts

Step Touch with	Clap R/L,	Grapevine right	with Touch

1-2	RF step side right, LF touch next to RF
3-4	LF step side left, RF touch next to LF
5-6	RF step right, LF Cross behind RF
7-8	RF step right, LF touch next to RF

Step Touch with Clap L/R, Grapevine left with Touch

1-2	LF step side left, RF touch next to LF
3-4	RF step side right, LF touch next to RF
5-6	LF step left, RF Cross behind LF
7-8	LF step left, RF touch next to LF

PADDLE 2x with 1/4 TURN, Rocking Chair

1-2	RF touch to right, whilst making 1/4 turn to left, hitch right knee
3-4	RF touch to right, whilst making 1/4 turn to left, hitch right knee (6:00)
5.6	DE Pack forward, Pacayor on LE

5-6 RF Rock forward, Recover on LF7-8 RF Rock back, Recover on LF

Walk Forward R/L/R Kick, Walk Back L/R/L Touch

1-2 RF walk forward, LF walk forward3-4 RF walk forward, LF kick forward

(Note: While you doing the kick - you push both arms in the air!)

5-6 LF walk back, RF walk back7-8 LF walk back, RF touch next to LF

Start again and have FUN!