It's A Beautiful Day



编舞者: Monika Mickein (DE) - August 2012 音乐: Beautiful Sunday - Die Schneebrüder



Intro: 16 counts

Step Touch with	h Clap R/L, Grapevine right with Touch
1-2	RF step side right, LF touch next to RF

3-4 LF step side left, RF touch next to LF
5-6 RF step right, LF Cross behind RF
7-8 RF step right, LF touch next to RF

Step Touch with Clap L/R, Grapevine left with Touch

1-2 LF step side left, RF touch next to LF
3-4 RF step side right, LF touch next to RF
5-6 LF step left, RF Cross behind LF
7-8 LF step left, RF touch next to LF

PADDLE 2x with 1/4 TURN, Rocking Chair

1-2 RE LOUGH LO HIGHL, WHIIST MAKING 1/4 TUHL TO TELL, HILGH HIGH KITE	1-2	RF touch to right, whilst making 1/4 turn to left, hitch right knee
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3-4 RF touch to right, whilst making 1/4 turn to left, hitch right knee (6:00)

5-6 RF Rock forward, Recover on LF7-8 RF Rock back, Recover on LF

Walk Forward R/L/R Kick, Walk Back L/R/L Touch

1-2 RF walk forward, LF walk forward3-4 RF walk forward, LF kick forward

(Note: While you doing the kick - you push both arms in the air!)

5-6 LF walk back, RF walk back7-8 LF walk back, RF touch next to LF

Start again and have FUN!