

King of Apology

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Séverine Fillion (FR) - August 2012
音乐: King of Apology - Jana Kramer : (Album: Jana Kramer)



Intro : Start dancing on lyrics (after : one, two, three, four...Ouh ! Ouh !.)

[1-8] SIDE POINT, HITCH, CROSS FWD, HOLD, KICK BALL CROSS, HOLD

1-4 Touch left point to left side, hitch left knee, left cross over right, Hold
5-8 Kick right diagonally right fwd, right ball slightly back, left cross over right, Hold

[9-16] HEEL BOUNCE 1/2 TURN TWICE, KICK, STOMP-UP, FLICK STOMP, SWIVET

&1&2 Unwind ½ turn right with both heel bounce twice (ending weight on left) 6 :00
3-4 Kick right fwd, Stomp-up right next to left (keep weight on left)
5-6 Flick right diagonally right back, Stomp right next to left
7-8 Swivet right : Swivel right toe to the right and left heel to the left, recover to the center

[17-24] VINE 1/4 TURN, SCUFF, STEP 3/4 TURN, STOMP-UP, STOMP FWD

1-4 Right step to the right, left cross behind right, ¼ turn right stepping right fwd, Scuff left 9 :00
5-6 Left step fwd, turn ¾ right (weight on right) 6 :00
7-8 Stomp-up left next to right, Stomp left fwd

[25-32] HEEL TWIST WITH BUMPS, HEEL TWIST WITH BUMPS 1/2 TURN

1-2 Swivel both heels to the left pushing hips fwd, Hold
3-4 Swivel both heels to the right pushing hips back, Hold
5-6 Swivel both heels to the left pushing hips fwd, Swivel both heels to the right pushing hips back
7-8 Swivel both heels to the left with ½ turn to the right, Hold (ending weight on left) 12 :00

[33-40] ROCK BACK (JUMPING), STOMP FWD x 2, STEP FWD ON HEEL, HITCH, STEP BACK, HOLD

1-2 (Option : Jumping) Rock step right back with left kick fwd, recover on left
3-4 Stomp right fwd, Stomp left fwd
5-6 Right heel fwd, pass all your weight on right heel when you go up your left knee (Hitch)
7-8 Left step back, Hold

[41-48] ROCK BACK, HEEL GRIND (TWICE)

1-2 Rock step right back, recover on left
3-4 Push right heel fwd on the ground and swivel right toe to the right, left step to the left
5-6 Rock step right back, recover on left
7-8 Push right heel fwd on the ground and swivel right toe to the right, left step to the left

[49-56] ROCK BACK, STEP 1/2 TURN, HEEL GRIND, ROCK BACK

1-2 Rock step right back, recover on left
3-4 Right step fwd, ½ turn left (weight on left) 6 :00

TAGLET - RESTART: Here on first wall (at 6 :00), after the ½ turn, Right step fwd, Hold and start again at the beginning

5-6 Push right heel fwd on the ground and swivel right toe to the right, left step to the left
7-8 Rock step right back, recover on left

[57-64] STEP, FULL TURN FWD, SCUFF, SIDE STEP - TOUCH (+ CLAP) TWICE

1-4 Right step fwd, ½ turn right stepping left back, ½ turn right stepping right fwd, scuff left
4-8 Left step to left, touch right next to left (+Clap), right step to right, Touch left next to right (+ Clap)

Start again and enjoy !

Restart : On first wall at 6 :00, after the ½ turn (count 52), right step fwd (53), Hold (54), then restart

TAG : At the end of wall 2, at 12 :00, add this 8 counts :

1-4 Vine to the left, touch right next to left

5-8 Vine to the right, touch left next to right
