

# Sweet Seniorita

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Gaye Teather (UK) - September 2012  
音乐: Sweet Seniorita - Chris James : (CD: A Less Than Perfect Man - iTunes)



**16 count intro - Dance rotates in CW direction**

**Side Left. Together. Back. Sweep. Sailor quarter turn Right. Hold**

- 1 – 2      Step Left to Left side. Step Right beside Left
- 3 – 4      Step back on Left. Sweep Right out and around behind Left
- 5 – 6      Quarter turn Right crossing Right behind Left. Step Left beside Right
- 7 – 8      Step forward on Right. Hold (Facing 3 o'clock)

**Step. Hold. Walk forward x 3. Hold. Forward rock**

- 1 – 2      Step forward on Left. Hold
- 3 – 4      Walk forward Right. Walk forward Left
- 5 – 6      Walk forward Right. Hold
- 7 – 8      Rock forward on Left. Recover onto Right

**Back. Sweep. Back. Sweep. Back. Hold. Rock. Rock**

- 1 – 2      Step back on Left. Sweep Right out and around to Right
- 3 – 4      Step Back on Right. Sweep Left out and around to Left
- 5 – 6      Step back on Left popping Right knee forward. Hold
- 7 – 8      Rock forward onto Right straightening Right knee. Recover onto Left Popping Right knee forward

**Forward lock step. Brush. Jazz box Cross**

- 1 – 2      Step forward on Right. Lock Left behind Right
- 3 – 4      Step forward on Right. Brush Left forward
- 5 – 6      Cross Left over Right. Step back on Right
- 7 – 8      Step Left to Left side. Cross Right over Left

**Start again**

**\*Tag: At the end of wall 8 (Facing front wall for the 2nd time)**

**Dance the following 8 count tag and then start dance again from beginning.**

**Rumba Box**

- 1 – 4      Step Left to Left side. Step Right beside Left. Step forward on Left. Hold
- 5 – 8      Step Right to Right side. Step Left beside Right. Step back on Right. Hold