

I Ain't Your Mama

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: John Huffman (USA) - September 2012
音乐: I Ain't Your Mama - Maggie Rose : (Single: I Ain't Your Mama)



Intro: Dance starts after 24 counts, Weight on L

Step, 1/2 turn, Coaster step, Step, 1/2 turn, Coaster Step

1-2 Step R fwd (prepping for R turn), Turn 1/2 R stepping back on L
3&4 Step back on R, Step L next to R, Step R fwd
5-6 Step L fwd (prepping for L turn), Turn 1/2 L stepping back on R
7&8 Step L back, Step R next to L, Step L fwd (12:00)

Hip Bumps x 2, Pivot 1/2, Body Roll

1&2 Touch R fwd bumping hip R, Bump hip L, Step on R
3&4 Touch L fwd bumping hip L, Bump hip R, Step on L
5-6 Step R fwd, Pivot 1/2 L (weight to L)
7-8 Bring R next to L while doing a Body Roll from knees up, weight to L

(Alternative steps: shake hips L, R, L, 7&8) (6:00)

Syncopated Rocking Chair, Shuffle Fwd x 2

1&2& Rock fwd on R, Recover L, Rock back on R, Recover L
3&4 Step R fwd, Step L next to R, Step R fwd
5&6& Rock fwd on L, Recover R, Rock back on L, Recover R
7&8 Step L fwd, Step R next to L, Step L fwd (6:00)

Syncopated Vine, Weave, Big Step, Drag/Touch

1-2& Step R to side, Step L behind R, Step R to side
3-4 Step L across R, Step R to side
5&6& Step L in place, Step R behind L, Step L to side, Step R across L
7-8 Big Step L, Drag R to touch next to L (6:00)

Restart here: Wall 2

Monterey 1/2 Turn, Rock and Cross, 1/4 Back, Step, Full Turn

1-2 Touch R to R side, Turn 1/2 R stepping on R
3&4 Rock L to side, Close R to slightly behind L recovering weight to R, Step L across R
5-6 Turn 1/4 L stepping back on R, Step L fwd (prepping for full turn L)
7-8 Turn 1/2 L stepping back on R, Turn 1/2 L stepping fwd on L (9:00)

Mambo Fwd, Mambo Back, Pivot 1/4 with Hip Rolls x 2

1&2 Step R fwd, Step L in place, Step R next to L
3&4 Step L back, Step R in place, Step L next to R
5-6 Step R fwd, Pivot 1/4 turn L with Hip Roll (weight to L)
7-8 Step R fwd, Pivot 1/4 turn L with Hip Roll (weight to L) (3:00)

Repeat

Restart: after count 32 of wall 2 (you will be facing 9:00)

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