

Wagon Wheel Rock

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver / Easy Intermediate
编舞者: Yvonne Anderson (SCO) - August 2012
音乐: Wagon Wheel - Nathan Carter : (Single - iTunes)



Notes: Start on vocal, 3 restarts (sounds a lot but it is really easy - see restart note) dance finishes facing 12

[1-8] CROSS ROCK, RECOVER, SIDE ROCK RECOVER, BEHIND, 1/4, 1/2, KICK

1-4 Rock R across left, Recover weight on L, Rock R to right, Recover weight on L [12]
5-8 Step R behind left, 1/4 turn left stepping L forward, 1/2 turn left stepping R back, Kick L forward [3]

[9-16] ROCK BACK, RECOVER, STEP, SPIRAL TURN, SHUFFLE FORWARD

1-4 Rock L back, Recover weight on R, Step L forward, On ball of L make full spiral turn right [3]
5-8 Shuffle forward stepping R, L, R, Hold [3]

[17-24] STEP 1/4, TOUCH, STEP 1/4 TOUCH, SIDE, HOLD, ROCK BACK, RECOVER

1-2 1/4 turn right stepping L to side, Touch R toes beside left [6]
3-4 1/4 turn right stepping R forward, Touch L toes beside right [9]
5-6 Step L to left, Hold [9]
7-8 Rock R behind left, Recover weight on L [9]

(Hand movements counts 1-2, raise hands and sway to the right, finger snap. Counts 3-4 repeat to left)

[25-32] SIDE, TOGETHER, FORWARD, SCUFF, STOMP, TWIST, TWIST, HOLD

1-4 Step R to right, Step L beside right, Step R forward, Scuff L heel forward [9]
5-6 Stomp L forward, Bend knees and twist heels 1/8 turn left [11.30]
7-8 Twist heels 1/8 turn right, Straighten knees and hold (weight on R) [9]

*****Restart – during walls 3 (facing 3), 6 (facing 6), 9 (facing 9) *****

[33-40] CROSS, BACK, BACK, KICK, CROSS, BACK, BACK, HOLD

1-2 Step L across right, Step R back to right diagonal [11.30]
3-4 Step L back to left diagonal, Kick R across left [7.30]
5-6 Step R across left, Step L back to left diagonal [7.30]
7-8 Step R to right (squaring off to wall), Brush L across right [9]

[41-48] CROSS TOE STRUT, SIDE TOE STRUT, SAILOR 1/2 TURN LEFT

1-2 Step L toes across right, Drop L heel to floor [9]
3-4 Step R toes to right, Drop R heel to floor [9]
5-8 1/4 turn left stepping L behind right, 1/4 turn left stepping R slightly back, Step L slightly forward, Hold [3]

[49-56] SHUFFLE FORWARD, HOLD, STEP PIVOT 1/2 RIGHT , 1/2 RIGHT, HOLD

1-4 Shuffle forward stepping R, L, R, Hold [3]
5-6 Step L forward, 1/2 turn right taking weight on right [9]
7-8 1/2 turn right stepping L back, hold [3]

[57-64] SHUFFLE BACK, HOLD, COASTER STEP, HOLD

1-4 Shuffle back stepping R, L, R, Hold [3]
5-8 Step L back, Step R beside left, Step L forward, Hold [3]

(Harder alternate counts 5-8 full triple turn left (on the spot) stepping L, R, L, Hold)

REPEAT

